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**Title:** Predicting the Conversion from Mild Cognitive Impairment to Alzheimer's Disease Using Graph Frequency Bands and Functional Connectivity-Based Features

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## Abstract

Accurate prediction of the progression from mild cognitive impairment (MCI) to Alzheimer's disease (AD) is crucial for disease management. Machine learning techniques have demonstrated success in classifying AD and MCI cases, particularly with the use of resting-state functional magnetic resonance imaging (rs-fMRI) data. This study utilized rs-fMRI data from the ADNI, involving 142 patients with stable MCI (sMCI) and 136 with progressive MCI (pMCI). Graph signal processing was applied to filter rs-fMRI data into low, middle, and high frequency bands. Connectivity-based features were derived from both filtered and unfiltered data, resulting in a comprehensive set of 100 features, including global graph metrics, minimum spanning tree (MST) metrics, triadic interaction metrics, hub tendency metrics, and the number of links. Feature selection was enhanced using particle swarm optimization (PSO) and simulated annealing (SA). A support vector machine (SVM) with a radial basis function (RBF) kernel and a 10-fold cross-validation setup were employed for classification. The proposed approach achieved high accuracy while utilizing a reduced number of features selected through the PSO method, specifically five features. With these features, the SVM demonstrated an accuracy of 77%, a specificity of 70%, and a sensitivity of 83%. The identified features were as follows: (Mean of clustering coefficient, Mean of strength)/Radius/(Mean Eccentricity, and Modularity) from low/middle/high frequency bands of the graph. The study highlights the efficacy of the proposed framework in identifying individuals at risk of AD development using a parsimonious feature set. This approach holds promise for advancing the precision of MCI to AD progression prediction, aiding in early diagnosis and intervention strategies.

**Keywords:** Mild cognitive impairment, Alzheimer's disease, graph signal processing, connectivity-based features, classification.

## Introduction

Dementia affects approximately 50 million individuals worldwide, with nearly 10 million new cases emerging annually[1]. Among dementia subtypes, Alzheimer's disease (AD) represents the most prevalent form, accounting for over half of all cases. Amnesic mild cognitive impairment (MCI) occupies a pivotal intermediate stage between healthy controls (HC) and AD. Individuals with MCI face an escalated risk of transitioning to AD, with an approximate annual conversion rate of 15%. Notably, the MCI cohort exhibits significant heterogeneity, with only a subset progressing to AD [1,2]. Early-stage intervention for AD poses a considerable clinical challenge. Established biomarkers for AD prediction include the accumulation of A $\beta$  and hyperphosphorylated tau [3]. Verification of amyloid and tau deposits traditionally necessitates invasive techniques such as positron emission tomography (PET) and cerebrospinal fluid (CSF) analysis. Conversely, magnetic resonance imaging (MRI) enables the evaluation of neurodegenerative signs, including atrophy and neuronal loss, indicative of amyloid and tau deposition [4].

MRI and resting-state functional MRI (rs-fMRI) have emerged as a supportive tool for the early-stage clinical assessment of AD or disease progression [5]. While task-based fMRI examines brain function during cognitive tasks, rs-fMRI captures spontaneous low-frequency brain activity, making it valuable for AD diagnosis [5,6]. In conventional functional connectivity (FC) analyses, brain region correlations are assumed to remain constant throughout an imaging session. Dynamic FC, a more recent extension of traditional FC, captures evolving interactions and is considered a more accurate representation of functional brain networks [6,7]. It is important to note that, currently, neuroimaging techniques are predominantly used as research tools for AD diagnosis.

Robust biomarker identification is pivotal for distinguishing progressive MCI (pMCI) from stable MCI (sMCI), facilitating early AD diagnosis and treatment. PMCI refers to individuals with MCI who exhibit a continuous decline in cognitive function, ultimately progressing to AD. SMCI refers to individuals whose cognitive impairment does not significantly worsen over time, remaining stable without advancing to AD. Recent endeavors have integrated multimodal biomarkers, including PET and rs-fMRI, with machine learning algorithms for predicting the conversion from MCI to AD [8-12]. Notably, functional neuroimaging holds greater promise for early AD detection compared to structural neuroimaging [13-15]. Functional MRI, which evaluates brain function during cognitive tasks, demonstrates remarkable sensitivity to early disease processes, often preceding observable impairments in standard neuropsychological tests [16,17]. Conversely, rs-fMRI captures spontaneous brain activity fluctuations, making it less dependent on individual cognitive capabilities [18-20].

Key among rs-fMRI's attributes is its capacity to assess functional connectivity (FC) alterations [21,22], a prevalent hallmark of AD [23-26]. Studies have shown that cognitive impairment severity correlates with increasing disruptions in connectivity patterns, suggesting FC changes as potential cognitive dysfunction biomarkers in MCI. Importantly, longitudinal FC alterations are more pronounced in early AD stages [27]. FC analysis inherently involves network interactions, making graph theory an effective tool for investigating global and local brain region characteristics [28-31]. This approach has successfully elucidated insights into various neurological conditions, including depression, Parkinson's disease, and AD. This method has been used successfully in a wide range of applications in both healthy participants and patients [32], such as depression [33,34], Parkinson's disease [35], as well as AD [36]. Graph theory, a powerful topological tool, allows us to investigate AD in new ways [36-39]. It enables us to compare the brain network

organization between patients and healthy individuals [40,41], and importantly, provides insights into how these networks change across different stages of the disease [42,43]. This method delves deeper, not only identifying brain differences but also revealing compensatory mechanisms that might explain why some individuals with similar cognitive scores exhibit different brain activity patterns [44–47].

Graph theory methods such as the minimum spanning tree (MST) provide valuable insights into brain connectivity. In this context, nodes represent brain regions, and edges represent the functional connections (weights) between these regions. The MST is a subgraph that connects all nodes with the minimum possible total edge weight, avoiding cycles and redundant connections. This simplification retains the essential network structure, offering an "impartial" representation by focusing on the most critical connections. This impartial technique significantly streamlines the network structure while retaining its essential framework. Notably, it ensures the neurological interpretability of the network, making it a widely employed tool in neuroimaging [48,49]. Through this method, the edges within the network undergo simplification, ensuring that the selected spanning tree possesses the smallest conceivable weight.

While most brain network analyses focus on pairwise interactions between regions, the complex reality of the human brain suggests higher-order interactions play a crucial role. Investigating higher-order interactions within the brain network can lead to groundbreaking discoveries related to brain function and dysfunction, disease progression, and potentially, treatment development. Moradimanesh et al. [50] delved deeper into brain network analysis by examining triadic interactions, involving three interconnected regions. This method allowed them to compare the interaction patterns between individuals with autism spectrum disorder (ASD) and HC. Pearson correlation served as their tool to measure the interaction between regions. The authors explored

four distinct triadic interaction patterns, each with specific configurations of positive and negative FC values (+ and -). These triads were strongly balanced  $T_3 : (+ + +)$ , strongly unbalanced  $T_2 : (+ + -)$ , weakly balanced  $T_1 : (+ - -)$ , and weakly unbalanced  $T_0 : (- - -)$ . The study revealed that balanced brain interactions were more common in both ASD and HC groups, while unbalanced interactions were less frequent. Additionally, the energy levels of the salience network (SN) and the default mode network (DMN), were found to be lower in AD patients, suggesting potential challenges in adapting behavior. In another study of triadic interactions, Saberi and colleagues introduced the metrics of the *tendency to make hub* (TMH) and showed that negative links of the resting-state network make hubs to reduce balance-energy and push the network into a more stable state compared to null-networks with trivial topologies [51].

Graph signal processing (GSP) is a recently developed field that analyzes brain activity through a unique lens called the topological frequency [52-57]. This approach relies on two key elements: a graph representing brain connections and brain activity itself mapped onto that graph. Using a tool called the graph Fourier transform (GFT), GSP can compute different topological frequency filters and, consequently, identify different patterns hidden within these connections. Excitingly, recent research has shown that GSP can be used to diagnose early-stage Mild Cognitive Impairment (MCI) based on brain activity data from two independent studies [58,59].

Early diagnosis of AD at the MCI stage is very important for the development of efficacy treatments. However, the heterogeneity of AD has made early diagnosis a challenging problem. Many machine learning algorithms have been applied for the diagnosis of MCI and predicting MCI to AD conversion [60,61]. Because of the huge number of extracted features from the neuroimaging data, a feature selection step is extremely important before classification. Modern machine learning methods often incorporate implicit feature selection mechanisms. While explicit

feature selection as a preprocessing step is less common, it remains beneficial for reducing dataset dimensionality and improving classification accuracy. By performing this step, the most representative optimal feature set is selected and the redundant features for the diagnosis of AD progression are neglected [62,63]. The high-efficacy feature selection algorithms are useful to speed up the diagnostic system and enhance its diagnostic performance. The performance of feature selection and classification methods depends on the tuning of hyperparameters and the specific characteristics of the dataset. Effective optimization requires careful consideration of these parameters to achieve robust results. Feature selection is particularly complicated due to the non-linear nature of classification methods: more parameters do not necessarily lead to better performance, and there is also a dependency on parameters. Therefore, it is extremely important to utilize a suitable optimization method that can deal with nonlinear high-dimensional search spaces [64,65].

In this study, the topological filters were obtained through the GFT tool and sparse FC (SFC) matrix. Each subject possessed a unique SFC matrix, computed through Pearson correlation and the Wilcoxon rank sum test [66]. The GFT was used to compute three topological frequency filters which were then used to separate the brain activity data (rs-fMRI) into three distinct frequency bands: low, middle, and high (abbreviated as LFB, MFB, and HFB, respectively). FC matrices were computed for each aforementioned frequency band using the filtered data. Additionally, an FC matrix was computed for the unfiltered data, termed the full-frequency band (FFB). Some of the graph global metrics, MST metrics, triadic interaction metrics, TMH metrics, and the number of positive and negative links were computed from LFB, MFB, HFB, and FFB FC matrices. To obtain the most important features, the feature selection was carried out using particle swarm optimization (PSO) and simulated annealing (SA) [67,68]. Subsequently, the selected features



were employed for the classification of AD and MCI. Our analysis achieved higher accuracy compared to several prior methods. Specifically, Raamana et al. (2015) constructed a brain network based on cortical thickness differences and utilized a multi-core Bayes classifier, achieving a classification accuracy of 64% for distinguishing pMCI from sMCI [69]. Similarly, Wei et al. (2016) proposed a classification framework incorporating MRI and network features, attaining an accuracy of 76% [70]. Liu et al. (2014) developed a multi-modal classification method that combined PET and MRI data, achieving an accuracy of 67% [71]. Binbin Fu et al. (2025) introduced a multi-modal deep domain adaptation (MM-DDA) model that integrates MRI and PET data. Their model achieved an accuracy of 81.81% in distinguishing progressive MCI (pMCI) from stable MCI (sMCI) [72].

Zhentaohu et al. (2025) proposed MME-TransENet, a novel hybrid CNN-Transformer architecture designed to capture fine-grained and spatiotemporal features from MRI for predicting MCI progression. Evaluated on the ADNI dataset, MME-TransENet achieved state-of-the-art performance with an accuracy of 84.74% [73]. Zhang T et al. (2021) introduced a similar graph theory and machine learning framework that integrated cortical thickness features, structural brain networks, and sub-frequency rs-fMRI network metrics. In their study, the combination of the random subset feature selection algorithm (RSFS) with a SVM classifier yielded the best classification performance, achieving accuracies of 84.7% for MCI converters (MCIc) versus non-converters (MCInc) and 89.8% for MCIc versus AD [74]. Karim et al. (2024) applied machine learning and graph theory to resting-state fMRI data to predict Alzheimer's disease. Using 5-fold cross-validation, their models achieved strong accuracy, with the SVM performing around 82%. These findings align with previous research and support the use of machine learning and graph theory applied to fMRI data for improving early diagnosis of AD[75]. Minami et al. (2025)

proposed a preprocessing method for resting-state fMRI data that includes principal component analysis, window-based functional connectivity analysis, and feature selection based on hypothesis testing. Using a machine learning model to classify cognitively normal and MCI groups, their approach achieved the highest performance with a fivefold cross-validation accuracy of 84.7%, recall of 67.0%, precision of 63.5%, and F1 score of 63.3% [76]. The strong alignment between our results and theirs underscores the robustness and reliability of conventional machine learning models paired with carefully selected neuroimaging features, especially in studies with limited sample sizes where deep learning methods may underperform. Our approach, which relies on a limited number of fMRI features, results in lower computational complexity than multi-modality data approaches. Our analysis offers features based on FC, which are easy to interpret and understand.

The rest of the paper is organized as follows: Section 2 describes the dataset, preprocessing methods, brain parcellation, FC, graph frequency bands, studied features, feature selection, and classification are explained in the Material and methods section. The subsequent section, Results, presents the outcomes of the feature selection and classification processes. Lastly, the following two sections engage in a discussion of the results and present the concluding remarks and insights.

## **Materials and methods**

### **Participants and data acquisition**

In this study, data from a total of 278 human participants were used. These human participants data were extracted from the Alzheimer's disease Neuroimaging Initiative database (ADNI) [77,78] (Demographics information are reported in Table 1; The mini-mental state exam (MMSE) is a cognitive measure that is widely used in clinical and research settings to measure the cognitive status of AD). The studied data (ADNI's data) can be accessed at <http://adni.loni.usc.edu/>. Other

researchers can access this data using the same procedures as the authors did. Researchers can access the data by logging into the ADNI website and following these steps: Download > Image Collections > Advanced Search > Search > Select the scans > Add to collection > CSV download > Advanced download. A complete listing of ADNI investigators can be found at: <http://adni.loni.usc.edu/study-design/ongoing-investigations/>. The public access to the database is open. The ADNI was launched in 2003 to test whether serial MRI, fMRI, other biological markers, and clinical and neuropsychological assessments can be combined to measure the progression of

**Table 1.** Sample characteristics. The  $t$  and  $X^2$  stand for t-test and chi-square test.

	sMCI	pMCI	Statistic	p
N	142	136	-	-
Female (n [%])	59 [41]	68 [50]	$X^2(1)=1.99$	0.16
Age (mean [SD])	71.75 [8.19]	72.16 [7.83]	$t(276)=-0.43$	0.67
MMSE (mean [SD])	26.63 [3.33]	22.94 [3.55]	$t(276)=-8.94$	<0.0001
CDR	0.5	1	-	-

CDR: clinical dementia rating, MMSE: mini-mental state exam, pMCI: Progressive mild cognitive impairment, sMCI: stable mild cognitive impairment.

MCI and early Alzheimer's disease (AD). For this study, we use subjects with at least three years of follow-up diagnosed with MCI at the baseline evaluation. The participants with stable Clinical Dementia Rating (CDR) scores of 0.5 throughout the follow-up period were classified as sMCI. Participants with pMCI showed a change in CDR from 0.5 at baseline to 1 at the final assessment [12]. The studied rs-fMRI data were measured using a high-field 3-Tesla Philips MRI scan machine and an echo-planar imaging technique. Data of each subject consisted of 140 volumes each with 48 slices, 3.3mm slice thickness, spatial resolution of  $3 \times 3 \times 3 \text{ mm}^3$ , flip angle of 80

degrees, 30ms echo time, and plane matrix of 64×64. The time between two consecutive volumes was 2s.

## **Data preprocessing**

### **rs-fMRI data preprocessing and time series extraction**

The preprocessing pipeline for the rs-fMRI data comprised several essential steps to ensure data quality and reliability. The initial five volumes were discarded to mitigate the influence of T1-equilibration effects. Subsequent preprocessing steps encompassed functional realignment and unwarping, correction for slice-timing discrepancies, identification, and handling of outlier volumes to address subject-motion artifacts, direct segmentation, and normalization into the standard MNI space, and spatial convolution with an 8mm full-width half-maximum Gaussian kernel for functional smoothing. Low-frequency filtering within the range of 0.01 to 0.1 Hz was applied to retain the relevant fluctuations [79].

The preprocessing of rs-fMRI data was executed using the CONN toolbox. The Harvard-Oxford Cortical atlas with 136 regions of interest (ROIs) was employed for brain parcellation. For each ROI, one signal was obtained by averaging the time series of that ROI voxels. The final rs-fMRI data was  $\mathbf{x} \in \mathbb{R}^{M \times T}$  where  $M = 136$  and  $T = 135$  were the numbers of ROIs and time samples, respectively.

### **Graph frequency bands (GFBs)**

The frequency content of the graph signal is defined according to the signal changes across connected vertices at a given time point. In low frequency, connected vertices show similar signals (representing alignment). In high frequency, the variability of the connected vertices signals is high compared to each other (representing liberality). In liberality, the vertices (brain ROIs) show less

respect for their underlying connectivity structure. By approaching from low frequency to high frequency, the graph signal behavior changes from alignment to liberality (Fig 1).

The graph frequencies are defined using the combinatorial Laplacian matrix  $\mathbf{L} \in \mathbb{R}^{N \times N}$ , [52], as follows:

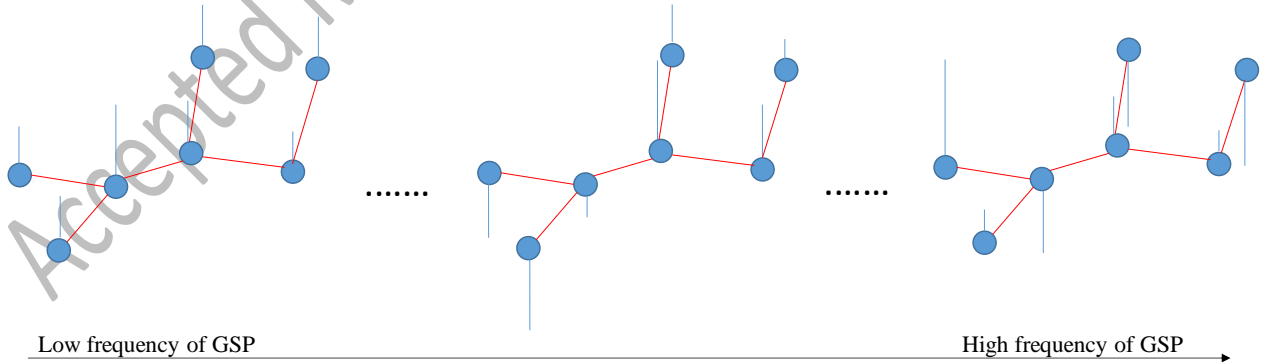
$$\mathbf{L} = \mathbf{D} - \mathbf{A} \quad (1)$$

where  $\mathbf{A}$  is the adjacency matrix and  $\mathbf{D}$  is a diagonal matrix, and its  $k^{\text{th}}$  diagonal element represents the degree of  $k^{\text{th}}$  vertex i.e.,  $D_{kk} = \sum_{j=1}^N A_{kj}$ . The adjacency matrix represents the underlying graph of GSP. The eigendecomposition of  $\mathbf{L}$  provides the  $\mathbf{V}$  and  $\mathbf{\Lambda}$ , which are the eigenvector matrix and diagonal eigenvalues matrix, respectively.

The eigenvectors represent graph frequency modes and are used for GFT. The GFT of brain signal  $\mathbf{x} \in \mathbb{R}^{136 \times 135}$  is obtained as

$$\tilde{\mathbf{x}} = \mathbf{V}^T \mathbf{x}. \quad (2)$$

where 136 and 135 are the number of ROIs and time points and superscript  $T$  denotes the transpose operation, respectively. The inverse GFT (IGFT) of  $\tilde{\mathbf{x}}$  is attained by



**Fig 1.** Simple representation of frequency concept in graph domain. In this domain, the signal changes across connected vertices define frequency levels (in the time domain, the signal changes across time points define frequency levels). Consequently, transitioning from lower to higher frequency levels within the graph amplifies the signal changes across connected vertices. Blue circles and red and blue lines are vertices, edges, and signals, respectively.

$$\mathbf{x} = \mathbf{V}\tilde{\mathbf{x}}. \quad (3)$$

Remarkably, the eigenvector associated with the larger eigenvalue exhibits greater variance and can effectively convey higher graph frequencies [80]. These higher frequency modes facilitate the conversion of brain signals characterized by increased variance into the graph frequency domain. Conversely, they can also transform higher frequency information from the frequency domain back to the brain's topological domain.

The graph signal is amenable to filtering within the frequency domain, followed by an IGFT to obtain a graph-filtered signal. The graph filtering process can be mathematically formulated as follows:

$$\mathbf{x}_F = \mathbf{V}\mathbf{G}\mathbf{V}^T \mathbf{x} \quad (4)$$

where  $\mathbf{G}$  is a diagonal filtering matrix. In this study, a value of 1 was assigned to the diagonal elements corresponding to the desired frequency modes, while the rest of the modes were set to 0.

In this study, the LFB consisted of the first 45 frequency modes, the HFB comprised the last 45 modes, and the MFB was formed by the remaining 46 modes. Using the "(4)", the rs-fMRI data underwent filtering to generate graphs corresponding to LFB, MFB, and HFB. Subsequently, for each subject, FC matrices were computed within the LFB, MFB, HFB, and FFB. In this study, the size of the data matrices for LFB, MFB, HFB, and FFB were  $136 \times 135$ .

## FC matrix

FC between ROIs was computed using Pearson correlation and the SW technique. The SW technique was employed to consider the dynamic nature of brain FC. In this approach, a series of windows with a one-TR shift was applied to each ROI time series. Subsequently, an FC matrix was computed for each window. The final correlation value for an ROI-ROI pair was determined

as the median of its FC values. The window was created by convolving a rectangle (width = 50 TRs) with a Gaussian ( $\sigma = 3$  TRs) [80]. Each subject's dataset yielded four FC matrices. These matrices were computed using LFB, MFB, HFB, and FFB rs-fMRI data.

To attain the adjacency matrix ( $A$ ) of GSP, the FC matrix of FFB was compared between sMCI and pMCI groups using the Wilcoxon rank sum test. This process identified statistically significant ROI-ROI connections. Subsequently, for each subject, these significant ROI-ROI connections from the FFB were retained, while the remaining connections were set to zero. Thus, for each subject, a sparse FC (SFC) matrix was computed using the FFB FC and the rank sum test. This matrix served as the adjacency matrix ( $A$ ) for GSP. It should be noted that the sparse FC (SFC) for attaining GSP filters are computed using the train data.

## Features

Graph, MST, and triadic interaction metrics were individually computed for each of the four FC matrices. The features for this study were extracted from the data of 142 subjects with sMCI and 136 subjects with pMCI. The dimension of each FC matrix was  $136 \times 136$  for the Harvard-Oxford atlas.

### Global metrics of graph

A graph  $G$  is defined as a set of vertices  $V(G)$  and edges  $E(G)$ . The connectivity matrix can be represented as a graph, where the ROIs serve as vertices, and the connectivity strengths act as the weights of the edges. This modeling approach facilitated the exploration of topological distinctions between ASD and TC groups using graph metrics. Subsequently, some of the graph global metrics are outlined below[82].

**Global efficiency (GE):** GE is defined as the average inverse shortest path length in the network. In this study, the shortest path between two ROIs is defined as the distance between them.

**Mean Eccentricity (ME):** For each ROI, the eccentricity is equal to the maximum distance between that ROI and the rest of the ROIs. ME equals the average eccentricity of all ROIs.

**Radius:** The minimum value of eccentricity of all ROIs is equal to the radius.

**Diameter:** The maximum value of eccentricity of all ROIs is equal to the diameter.

**Assortativity coefficient (AC):** Each connection involves two ROIs: one initiating the connection and the other concluding it. Let's denote the degrees of the first and second ROIs as  $x$  and  $y$ , respectively. Consequently, for all available connections, two vectors,  $X$  and  $Y$ , are obtained, with the first representing a set of degrees  $x$  and the second a set of degrees  $y$ . By calculating the correlation coefficient between  $X$  and  $Y$ , the value of the AC is derived. This coefficient ranges between -1 and 1, where positive values indicate that ROIs with similar degrees are inclined to connect. Conversely, a negative AC value implies that ROIs with larger degrees tend to connect to ROIs with smaller degrees.

**Mean of clustering coefficient (MCC):** The Clustering Coefficient is the ratio of triangles around a ROI and ranges between 0 and 1. A value of 1 indicates that connected ROIs to a given ROI are also connected. A lower number of connections in the vicinity of a given ROI results in a decreased clustering coefficient. In this study, the mean clustering coefficient values across all ROIs were calculated for each subject.

**Mean of eigenvector centrality (MEC):** Connections originating from high-scoring ROIs carry more weight in influencing the score of the ROI under consideration compared to connections from low-scoring ROIs. The EC of an ROI reflects its impact on the network, where an ROI with high EC tends to connect with ROIs that also have high scores. For each subject in this study, the mean EC values across all ROIs were taken into consideration.



**Mean of strength (MS):** The strength of a specific ROI is defined as the sum of weights of edges adjacent to that ROI. In this study, the mean strength values across all ROIs were calculated for each subject.

**Modularity:** This metric gauges how effectively a network has been partitioned into groups of ROIs. In a network with high modularity, dense connections are observed within the groups, and there are sparse connections between the groups of ROIs.

All these metrics were computed using the functions provided by the Brain Connectivity Toolbox [83].

### **Metrics of minimum spanning tree**

A spanning tree is a sub-graph of the original graph that is devoid of cycles or loops and connects all nodes in the original graph. The Minimum Spanning Tree (MST) is a tree with the minimum total weight among all possible spanning trees of the original graph [84,86]. In this study, the Single Linkage Dendrogram method was employed for the computation of the MST [87]. Hereafter, several metrics related to the MST are delineated. [86-88].

**Radius and Diameter:** The minimum and maximum values of eccentricity for all ROIs in the MST correspond to the radius and diameter, respectively.

**Maximum degree ( $\text{Deg}_{\max}$ ):** The degree  $k_i$  is the number of neighbors for  $i^{\text{th}}$  ROI in the MST. The maximum of all ROI degrees is considered as  $\text{Deg}_{\max}$ .

**Leaf fraction (LF):** The fraction of leaf ROIs in the MST, where a leaf ROI is defined as an ROI with a degree of one.

**Maximum betweenness centrality ( $\text{BC}_{\max}$ ):** The BC of a particular ROI is the fraction of all shortest paths that traverse through that ROI. The maximum value among all ROI BCs is considered as  $\text{BC}_{\max}$ .

**Hierarchy (T<sub>H</sub>):** The tree hierarchy assesses the balance between large-scale integration in the MST, quantified by the leaf fraction, and the concentration of central nodes, also referred to as hubs, measured through the maximum BC. This metric can be expressed as

$$T_H = LF/2BC_{max} \quad (5)$$

**Kappa:** This metric quantifies the breadth of the degree distribution. This metric can be formulated as

$$Kappa = \sum_{i=1}^{136} k_i^2 / \sum_{i=1}^{136} k_i \quad (6)$$

### Metrics of triadic interactions

In this study, as with Moradimanesh and colleagues [50], four types of triads were analyzed in LFB, MFB, HFB, and FFB. These triads were strongly balanced T<sub>3</sub> : (+ + +), weakly balanced T<sub>1</sub> : (+ —), strongly unbalanced T<sub>2</sub> : (+ + —), and weakly unbalanced T<sub>0</sub> : (—) (Fig 2). Five metrics were extracted from FC matrices. The first four metrics were the number of the triads T<sub>0</sub>, T<sub>1</sub>, T<sub>2</sub>, and T<sub>3</sub>. These metrics are also called the frequency of triads (|T<sub>i</sub>|, i=0,1,2,3). The fifth one was the energy of the whole-brain network (*Un*). The *Un* is defined as

$$Un = - \sum_{i=0}^3 \sum_{x<y<z} w_{xy}(T_i)w_{xz}(T_i)w_{yz}(T_i)/\Delta \quad (7)$$

where x, y, and z indicate the ROIs of triad T<sub>i</sub>, *w* is the FC value between ROIs, and  $\Delta$  is the total number of triads of the brain.

### Tendency to make hub

Hubs are ROIs with a high number of connections and play a pivotal role in the topology of the brain network. In this study, we employed the global hubness metric introduced by Saberi and

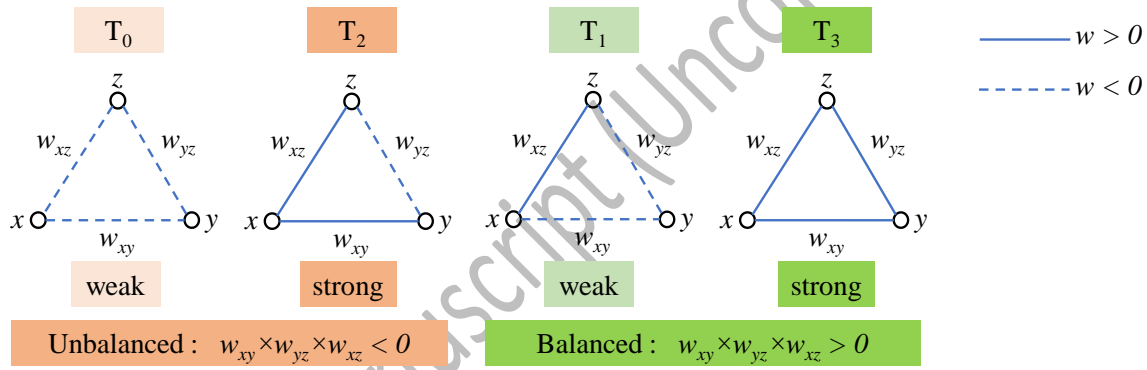
colleagues to examine the brain topology of healthy control subjects [51]. This metric, which is named the TMH, is separately defined for positive and negative links as  $TMH_P$  and  $TMH_N$ :

$$TMH_P = \sum_{i=1}^{136} D_{i,p}^2 / \sum_{i=1}^{136} D_{i,p}, D_{i,p} = \sum_{j=1, j \neq i, w_{ij} > 0}^{136} w_{ij,p} \quad (8)$$

and

$$TMH_N = \sum_{i=1}^{136} D_{i,n}^2 / \sum_{i=1}^{136} D_{i,n}, D_{i,n} = \sum_{j=1, j \neq i, w_{ij} < 0}^{136} w_{ij,n} \quad (9)$$

where 136 is the total number of ROIs,  $D_{i,p}$  and  $D_{i,n}$  represent the positive and negative degrees of  $i^{\text{th}}$  ROI, respectively, and  $w_{ij,p}$  and  $w_{ij,n}$  are the positive and negative weights between  $i^{\text{th}}$  and  $j^{\text{th}}$  ROIs.



**Fig 2.** Four types of triads. The subscript of each T denotes the number of positive links.

The  $TMH_P$  and  $TMH_N$  demonstrate the network's propensity to form hubs with positive and negative links, respectively. Therefore, TMH can elucidate the influence of both positive and negative links on the topology of the brain.

### The number of links

The number (or occurrence rate) of positive links  $|P|$  and negative links  $|N|$  are computed for FC matrices of LFB, MFB, HFB, and FFB, separately. By obtaining the information on  $|P|$  and  $|N|$ , it

can be determined whether the  $|T_i|$ s and TMHs may vary between groups even when there is no difference in the number of positive and negative links.

## Feature selection

A total of 100 features were extracted from the four FC matrices (LFB, MFB, HFB, FFB) for each subject. This set included 25 features in each matrix, distributed as follows: Graph (9), MST (7), Triadic (5), TMH (2), and Number of Links (2). To improve the efficiency and accuracy of the classification algorithm, a critical step was undertaken - feature selection.

Feature selection plays a pivotal role in machine learning by reducing dataset dimensionality and improving classification algorithm performance and accuracy. In this study, we employed two optimization algorithms, PSO and SA, to identify the most informative set of features [67,68].

PSO is a stochastic optimization technique inspired by the behavior of swarming animals like birds and fish. It operates by representing potential solutions as particles that traverse the search space. Particles adjust their positions and velocities based on cognitive and social parameters, and the overall rate of change is regulated by an inertia parameter. Specifically, particles seek optimal regions of the search space through interaction with other particles in the population. For our study, we utilized a swarm size of 20 particles, while setting cognitive and social parameters to 1.5 and inertia to 0.72.

SA employs a probabilistic approach to accept or reject solutions. The algorithm initiates with a randomly generated solution and iteratively generates neighboring solutions based on a predefined neighborhood structure. A fitness function evaluates each generated solution. Improved solutions are accepted, and worse neighbors are accepted probabilistically, governed by the Boltzmann probability equation,  $P = e^{-\theta/T}$ . In this equation,  $\theta$  denotes the difference between the fitness of the best solution and the generated neighbor, while  $T$  represents a temperature parameter. The

temperature  $T$  decreases over iterations according to a cooling schedule. In our study, the initial temperature  $T$  was set to 10 [68].

By utilizing PSO and SA, we aimed to identify the reduced number of selected features that significantly contribute to the classification task. This feature selection process not only streamlines the dataset but also enhances the classification performance, making our analysis more effective and efficient. Feature selection was performed within each fold of the cross-validation process to avoid test-set contamination and ensure an unbiased evaluation of predictive performance.

## Classification

To discriminate between progressive mild cognitive impairment (pMCI) and stable mild cognitive impairment (sMCI), we employed a Support Vector Machine (SVM) with a radial basis function (RBF) kernel. This classification technique was executed using a robust 10-fold cross-validation approach, a well-established practice in machine learning evaluation. The radial basis function (RBF) kernel function was chosen due to its universal applicability to various sample distributions. It offers flexibility by adjusting parameters to adapt to the data's inherent characteristics [88].

We employed a comprehensive set of evaluation metrics to assess the classifier's performance. These metrics include accuracy (Acc.), sensitivity (Sen.), and specificity (Spec.), which provide insightful information about the classifier's effectiveness in correctly classifying subjects. The evaluation process involves segregating true labels from the test set, followed by utilizing the trained classifier to predict labels in the test set. The parameters are calculated using the following equations:

$$\text{Accuracy or Acc} = \frac{TP + TN}{TP + TN + FP + FN} \quad (10)$$

$$\text{Sensitivity or Sen} = \frac{TP}{TP + FN} \quad (11)$$

$$\text{Specificity or Spec} = \frac{TN}{TN + FP} \quad (12)$$

where TP, FP, TN, and FN represent true positives, false positives, true negatives, and false negatives, respectively. Here, TP stands for true positives, FP for false positives, TN for true negatives, and FN for false negatives. These metrics collectively illuminate the classifier's ability to distinguish between pMCI and sMCI subjects.

Additionally, Receiver Operating Characteristic (ROC) curves were employed to visually compare the performance of different classifiers. The ROC curve is a graphical representation where the vertical and horizontal axes represent the false positive rate and true positive rate, respectively. A higher area under the ROC curve indicates better classifier performance, reflecting its capacity to discriminate between the two classes.

The rigorous evaluation process, encompassing a combination of metrics and visualization techniques, provides a comprehensive assessment of the classification model's accuracy and reliability in identifying progressive and stable mild cognitive impairment subjects.

## Results

This study employed two distinct methodologies to explore the impact of frequency bands and diverse feature types on classification performance, with feature selection carried out using both PSO and SA algorithms. The outcomes of these investigations are presented in Table 2.

In the first approach, four groups of features were separately used to classify sMCI and pMCI. These groups were 1) all features (100), 2) Graph features (36), 3) MST features (28), and 4)

Triads, TMH, and Links features (36) (the number inside the parenthesis indicates the number of features). In this approach, the effect of features over all frequency bands of the graph was studied. The frequency bands were FFB, LFB, MFB, and HFB. In the second approach, features extracted from FFB, LFB, MFB, and HFB were separately used for classification purposes. This analysis could show which frequency bands offered the best and the worst features for classification. For each frequency band, all features of the graph, MST, Triads, TMH, and Links were employed (25 features in total). After feature selection and classification, the results of Table 2 and Table 3 were attained for the first and second approaches, respectively.

By reviewing the results of Table 2, it can be seen that the Graph featured offered the highest accuracies for both SA (76%) and PSO (77%) methods. However, the PSO offered 1% and 5% more accuracy and specificity than SA by selecting a much lower number of features (5 features) than SA (17 features). The 5 features, selected by PSO, were (MCC, MS)/Radius/(ME, Modularity) from LFB/MFB/HFB, respectively. The results of using all features are close to those of using Graph features in terms of accuracy, specificity, and sensitivity. However, this closeness was

**Table 2.** The results of feature selection. The most important features selected by PSO and SA methods when using Triad, TMH, Links, Graph, MST, and all features, separately, to classify the sMCI and pMCI subjects.

Frequency band	Selection method	Acc	Sen	Spec	Number of Extracted Features	Number of Selected Features	Selected features	Feature type
<b>FFB</b>	PSO	70%	67%	72%	25	5	Diameter, AC	Graph
							Diameter, Kappa, LF	MST
	SA	71%	66%	74%	25	10	MEC, Diameter	Graph
							Radius, Kappa, Deg <sub>max</sub> , BC <sub>max</sub>	MST
							T <sub>3</sub>  ,  P ,  T <sub>2</sub>  , TMH <sub>N</sub>	Triads, TMH, and Links
<b>HFB</b>	PSO	75%	70%	79%	25	7	GE, ME, AC, MEC	Graph
							TMH <sub>P</sub> ,  P ,  T <sub>2</sub>	Triads, TMH, and Links
	SA	74%	67%	80%	25	10	MS, MEC, AC, Modularity, ME	Graph
							Diameter	MST



							$ N , TMH_P,  T_2 , TMH_N$	Triads, TMH, and Links
<b>MFB</b>	PSO	63%	51%	73%	25	6	MCC	Graph
							$Deg_{max}, T_H$	MST
							$ T_3 , TMH_N, T_0$	Triads, TMH, and Links
	SA	63%	62%	64%	25	1	$ T_2 $	Triads, TMH, and Links
<b>LFB</b>	PSO	63%	66%	61%	25	5	$T_H, Deg_{max}$	MST
							$ T_0 ,  T_1 ,  T_2 $	Triads, TMH, and Links
	SA	64%	66%	63%	25	19	GE, Diameter, Modularity, Radius, ME, MCC, MEC	Graph
							Diameter, Radius, $Deg_{max}$ , Kappa, $T_H$	MST
							$U_n,  T_1 ,  P ,  N , AC, TMH_N$	Triads, TMH, and Links

**Table 3.** The results of feature selection. The most important features selected by PSO and SA methods when using features of LFB, MFB, HFB, and FFB, separately, to classify the sMCI and pMCI subjects.

Features	Selection Method	Acc	Sen	Spec	Number of Extracted Features	Number of Selected Features	Selected Features	Frequency Band
All features	PSO	75%	70%	80%	100	26	N ,  P , BC <sub>max</sub>	FFB
							Radius, ME,  T <sub>1</sub>  , Un, TMH <sub>N</sub> ,  T <sub>3</sub>  , MCC	HFB
							T <sub>2</sub>  , MCC, Radius, Radius (MST), AC,  P , TMH <sub>P</sub>	MFB
							Diameter, Diameter (MST), TMH <sub>N</sub> , Kappa,  T <sub>3</sub>  , Radius, GE, T <sub>H</sub> ,  N	LFB
	SA	75%	71%	79%	100	55	MS, MEC, ME, Modularity, Radius,  T <sub>1</sub>  , MCC, LF,  T <sub>3</sub>  , Diameter, AC,  P	FFB
							MCC,  P , TMH <sub>P</sub> , Diameter, ME, TMH <sub>N</sub> , Un, T <sub>H</sub> , Radius, Radius (MST),  T <sub>0</sub>  , LF	HFB

							Kappa, MS, $TMH_N$ , $ T_3 $ , $BC_{max}$ , $T_H$ , Radius, $ N $ , $ T_2 $ , ME, $Deg_{max}$ , Diameter, GE, Diameter (MST), P	MFB
							Diameter, MCC, $ T_0 $ , $ T_2 $ , $Deg_{max}$ , MEC, Modularity, $ T_3 $ , $T_H$ , Radius, MS, Kappa, $ N $ , Un	LFB
Graph features	PSO	77%	70%	83%	36	5	ME, Modularity	HFB
							Radius	MFB
							MCC, MS	LFB
	SA	76%	73%	78%	36	17	MS, Diameter, ME, Modularity	FFB
							MS, ME, Radius, MEC, GE	HFB
							ME, Modularity, AC, MCC, MEC	MFB
							Diameter, Radius, MCC, AC	LFB

MST features	PSO	72%	70%	75%	28	2	Radius	FFB
							Diameter	HFB
	SA	72%	71%	72%	28	8	Radius, Diameter	FFB
							Diameter, $T_H$	HFB
							Kappa	MFB
							$BC_{max}, T_H$	LFB
Triads, TMH, and Links features	PSO	74%	65%	82%	36	12	$ T_3 , TMH_P$	FFB
							$Un,  P , TMH_N,  T_1 $	HFB
							$TMH_N,  T_3 ,  T_0 , TMH_P$	MFB
							$ T_1 , TMH_N$	LFB
	SA	73%	64%	81%	36	5	$TMH_P$	FFB
							$TMH_P, TMH_N$	HFB
							$ T_2 $	MFB
							$ N $	LFB

obtained at the cost of using many more features (26 and 55 features for PSO and SA methods, respectively). The least number of selected features were for MST features when using PSO as a feature selection method. In this case, the radius (in FFB) and diameter (in HFB) features offered 72%, 70%, and 75% of accuracy, sensitivity, and specificity, respectively. The lowest classification performance was given by MST features (accuracy of 72%). By reviewing Table 2, it can be said

that PSO compared to SA selected much fewer features in many cases while offering similar or better classification performance.

By reviewing the results of the second approach, it is obvious that the worst/the best classification performance was for features of LFB and MFB/ HFB, respectively. The best accuracies in the (LFB and MFB)/HFB were (64% and 63%)/75%, respectively. The best performance in the HFB was offered using 7 features selected by PSO. These 7 features were (GE, ME, AC, MEC) of Graph and (TMHP, |P|, |T2|) of Triads and TMH and Links. The corresponding sensitivity and specificity were 70% and 79%, respectively. In the MFB, an accuracy of 63% was obtained using only one feature (|T2|) selected by SA. Overall, it can be said that the best classification performance in terms of offering higher accuracy with a lower number of features was offered by graph features selected by PSO.

## Discussion

This study presents a novel approach for the classification of stable MCI (sMCI) and progressive MCI (pMCI) using a combination of graph frequency bands and functional connectivity-based features extracted from rs-fMRI data. The classification task was facilitated by employing particle swarm optimization (PSO) and simulated annealing (SA) algorithms for feature selection, followed by a support vector machine (SVM) with radial basis function (RBF) kernel for classification. The proposed method aims to predict the conversion of MCI to Alzheimer's disease (AD) and offers potential insights into the underlying neurobiological changes associated with disease progression.

The research methodology involved several key steps. First, rs-fMRI data preprocessing was conducted using the CONN toolbox, which included various processing steps to ensure data quality and reliability. Functional connectivity (FC) matrices were computed for different

frequency bands, namely full-frequency band (FFB), low-frequency band (LFB), middle-frequency band (MFB), and high-frequency band (HFB). These FC matrices were used to extract a diverse set of features, encompassing global graph metrics, minimum spanning tree (MST) metrics, triadic interaction metrics, tendency to make a hub (TMH) metrics, and the number of positive and negative links.

The feature selection process played a crucial role in enhancing classification accuracy. Both PSO and SA algorithms were employed to identify the most relevant features for distinguishing between sMCI and pMCI groups. The resulting feature subsets demonstrated distinct patterns depending on the algorithm used and the type of features considered.

The classification performance of the proposed method was evaluated using a SVM with an RBF kernel and a 10-fold cross-validation framework. Importantly, the test data was not utilized in any aspect of feature selection. The results revealed promising accuracy rates, with PSO achieving a 77% accuracy using only 5 selected features. These findings demonstrate the potential clinical utility of the proposed approach for predicting MCI-to-AD conversion, which could inform treatment plans and clinical trials.

Interpretability emerged as a significant advantage of the proposed method, especially in contrast to complex models like deep neural networks (DNNs) that often lack transparency. The selected features in this study were based on the connectivity patterns of distinct brain regions, contributing to a better understanding of the underlying neurobiology.

Key findings from the analysis highlighted the importance of certain features in classification. For instance, ME and Modularity of the HFB were found to be particularly altered between sMCI and pMCI patients, while MCC and MS features of the LFB exhibited strong discriminatory power.

Additionally, the radius feature in the MFB was identified as a key contributor to the classification of the two groups.

Comparing the performance of PSO and SA algorithms, PSO stood out by achieving higher accuracy with a smaller number of features. The study underscored the potential of graph analysis of functional connectivity and the effectiveness of the PSO algorithm combined with a simple SVM for accurate classification.

In summary, this study contributes to the field of neuroimaging and cognitive health by presenting a novel approach that combines graph frequency bands, functional connectivity-based features, and advanced feature selection techniques for the classification of stable and progressive MCI. The research addresses the pressing need for early and accurate detection of cognitive decline, particularly in the context of predicting MCI-to-AD conversion.

A notable strength of this study lies in its innovative approach to feature selection. The PSO and SA algorithms effectively navigate the high-dimensional feature space to identify a subset of features that are most relevant for accurate classification. This process enhances model performance, simplifies the classification task, and contributes to interpretability. The selected features shed light on specific connectivity patterns that differentiate sMCI from pMCI patients, offering valuable insights into the neurobiological underpinnings of disease progression.

The study's findings highlight the importance of different frequency bands and specific connectivity features for classification. The identification of key features, such as Modularity and Mean Eccentricity in the HFB, Mean Clustering Coefficient and Mean Strength in the LFB, and Radius in the MFB, provides meaningful insights into the altered network properties associated with cognitive decline.

The study's scope focused on the classification of sMCI and pMCI using rs-fMRI data, and future research could extend this framework to larger and more diverse datasets, encompassing longitudinal data to capture temporal changes in connectivity patterns.

In conclusion, this study presents a comprehensive and innovative method for the early classification of stable and progressive MCI using graph frequency bands and functional connectivity-based features. The combination of advanced feature selection techniques and a well-designed classification pipeline demonstrates the potential for accurate prediction of MCI-to-AD conversion. This approach holds promise as a valuable tool for clinicians and researchers seeking to enhance early detection and intervention strategies for neurodegenerative diseases. Continued development and validation of such methodologies have the potential to make a significant impact on the field of cognitive health and the understanding of neurodegenerative processes.

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## **Author Contributions**

A.T.J and J.Z conceived, and designed the study and conducted the experiments. A.T.J and J.Z preprocessed and analyzed the data, performed the statistical and classification analysis, created the figures and tables. A.T.J and J.Z wrote the manuscript, edited the manuscript, and analyzed the results. All authors reviewed the manuscript.

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## **Competing Interests**

The authors have no relevant financial or non-financial interests to disclose.



### **Availability of data**

The data utilized in this study can be accessed from the Alzheimer's Disease Neuroimaging Institute (ADNI) at <http://adni.loni.usc.edu/>. Other researchers can access to this data using the same procedures as the authors did. Researchers can access the data by logging into the ADNI website and following these steps: Download > Image Collections > Advanced Search > Search > Select the scans > Add to collection > CSV download > Advanced download. A complete listing of ADNI investigators can be found at: <http://adni.loni.usc.edu/study-design/ongoing-investigations/>. The public access to the database is open.

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