# **Research Paper**



# L-α-aminoadipic Acid-induced Astrocytes Inhibition in the Hippocampal CA1 Region, Anxiety-like Behavior, and Memory Impairment

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**Citation** Jahanshahi, M., Elyasi, L., & Nikmahzar, E.(2025). L-α-aminoadipic Acid-induced Astrocytes Inhibition in the Hippocampal CA1 Region, Anxiety-like Behavior, and Memory Impairment. *Basic and Clinical Neuroscience*, *16*(1), 19-30. http://dx.doi.org/10.32598/bcn.2024.93.6

doi http://dx.doi.org/10.32598/bcn.2024.93.6

#### Article info:

Received: 06 Sep 2023 First Revision: 26 Feb 2024 Accepted: 08 Apr 2024 Available Online: 01 Jan 2025

#### **Keywords:**

Astrocyte, Glial fibrillary acidic protein (GFAP), L-αaminoadipic acid, Anxiety, Memory, Hippocampus

# **ABSTRACT**

**Introduction:** Glutamate plays a significant role in synaptic plasticity, which is important for learning and memory. Astrocytes are an important part of glial cells or neuroglia. They are involved in neuroinflammation and are key in maintaining glutamine/glutamate homeostasis. As astrocytes provide vital support to neurons in pathological conditions, we aimed to evaluate the effect of hippocampal astrocyte ablation induced by microinjection of L- $\alpha$ -aminoadipic acid (L- $\alpha$ -AAA) in this study. We intend to assess memory, anxiety, and the density of glial fibrillary acidic protein-immunoreactive (GFAP-ir) astrocytes in the hippocampus.

**Methods:** A total of 21 adult male Wistar rats were randomly assigned to control, vehicle, and experimental groups. L- $\alpha$ -AAA was injected into their hippocampal CA1 subfield for 3 days. Then, their memory was evaluated by an inhibitory passive avoidance test, and anxiety-related behavior using an elevated plus maze apparatus. Hippocampal sections were immunostained for GFAP, and the density of GFAP-ir astrocytes was evaluated.

**Results:** Microinjection of L- $\alpha$ -AAA into the CA1 subfield of the hippocampus significantly decreased the step-through latency time in the passive avoidance test, decreased time spent in the open arm, and increased time spent in the closed arm in the elevated plus maze test. Also, the administration of L- $\alpha$ -AAA significantly declined the density of GFAP-ir astrocytes in the hippocampus.

**Conclusion:** Inhibition of astrocytes impaired memory and increased anxiety-like behavior in male rats. Hence, the current study confirmed hippocampal astrocytes' key role in memory and anxiety-like behavior, which can be considered in future therapeutic strategies.

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# Highlights

- L-α-aminoadipic acid (L-α-AAA) declines passive avoidance memory function.
- L-α-AAA induces anxiety-like behavior when microinjected in the CA1 region in rats.

• L-α-AAA, as an astrocyte-specific toxin, reduces glial fibrillary acidic protein-immunoreactive (GFAP-ir) astrocytes in the hippocampus.

# Plain Language Summary

Astrocytes are the most prevalent glia inside the brain, so understanding their role in disorders should be considered. L- $\alpha$ -AAA causes astrocyte-specific toxicity and inhibits astrocytes. This research found that L- $\alpha$ -AAA led to a decline in GFAP (a marker for astrocytes)-immunoreactive astrocytes in the hippocampus, followed by impaired passive avoidance memory and induced anxiety-like behavior. This finding confirmed the astrocytes' role in memory and anxiety-like behavior, which is important to future research to reveal the precise mechanism and roles that astrocytes play in hippocampal-related memory and behavior.

# 1. Introduction



strocytes, the most abundant neuroglial in the central nervous system (CNS), have vital roles in brain homeostasis, neuroprotection, synaptic plasticity, uptake and release of neurotransmitters, and innate immunity

(Acosta et al., 2017; Dallérac & Rouach, 2016; Navarrete & Araque, 2014; Olsen et al., 2018; Shang et al., 2015; Soung & Klein, 2020; Zorec et al., 2015). Astrocytes modulate anti-inflammatory processes and regulate microglia's function during brain injury through secreting cytokines (Lima et al., 2014; Tarasov et al., 2020). Moreover, they maintain the glutamate and GABA (gamma-aminobutyric acid) neurotransmitter reservoirs by expressing pyruvate carboxylase, the enzyme required to synthesize these two amino acids (Schousboe et al., 2013). Inflammatory cytokines control astrocytesreleased glutamate. Hence, glia-to-neuron signaling may be affected by cytokine mediators in pathological conditions (Vesce et al., 2007). Astrocytes respond to neuronal activity by expressing several receptors and altering homeostasis, creating a neuron-astrocyte cross-talk. Abnormal conditions could affect the neuron-astrocyte integrity and disturb cognitive functions and final behavior output. In addition to the typical roles of astrocytes, recent research has been focusing on their cognitive functions (Hosseini et al., 2020; Santello et al., 2019; Suzuki et al., 2011).

Previous studies found astrocyte plasticity in rat hippocampus after spatial working memory (Jahanshahi et al., 2008; Mehrdad et al., 2007). Indeed, enhanced expression of glial fibrillary acidic protein (GFAP) and astrocyte density after learning showed astrocytes' recruitment in cognition (Dallérac & Rouach, 2016). GFAP is an intermediate filament mainly found in mature astrocytes' cytoskeleton structure (Bronzuoli et al., 2018; Guillamón Vivancos et al., 2015). The mutations and abnormal expression of GFAP have been observed in neurodegeneration, neuroinflammation, and psychiatric disorders (Li et al., 2020). Therefore, specific inhibition of astrocytes may help investigate the contribution of reactive astrocytes to some neurodegenerative diseases.

L- $\alpha$ -aminoadipic acid (L- $\alpha$ -AAA) is a homolog of the excitatory amino acid glutamate, generally used to exert astrocyte-specific toxicity in vitro and in vivo studies (Guidetti & Schwarcz, 2003). Microinjection of L- $\alpha$ -AAA inhibits the glutamine synthetase that plays an essential role in the learning and consolidation of memories (Guidetti & Schwarcz, 2003; Robinson et al., 2015). It decreased long-term potentiation magnitude, which underlies memory impairment. It also reported that altered glutamate neurotransmission occurred in anxiety-like behavior related to traumatic brain injury in the amygdala (Beitchman et al., 2020). It is not clear how the ablation of astrocytes changes the memory and behavior. However, a combination of alternations in trophic support for neurons and glutamate cycle, astrocytes typically control that, has been proposed (David et al., 2019). The effect of hippocampal astrocytes on anxiety and memory has not been extensively investigated (Leitão, 2018). In this study, we aimed to evaluate the effect of astrocyte inhibition with L- $\alpha$ -AAA on inhibitory passive avoidance memory, anxiety-like behavior, and the density of GFAP-ir astrocytes in rat hippocampus.

# 2. Materials and Methods

# Study animals

A total of 21 adult male rats of the Wistar strain (180–220 g) were obtained from the animal house of Golestan University of Medical Sciences. The rats were placed in the cages at 22±2 °C, 12 hours light/dark cycle with access to food and water ad libitum. All procedures followed the principles of the Ethical Board of Golestan University of Medical Sciences (Gorgan, Iran).

# Stereotaxic procedure and L-α-AAA microinjection into the hippocampal CA1 subfield

According to our previous studies, the intrahippocampal injection was performed with minor modifications (Azami et al., 2010; Jahanshahi et al., 2018; Moghadami et al., 2016). Briefly, the rats were anesthetized for stereotaxic surgery (David Kopf Instruments, USA) using an intraperitoneal injection of ketamine (100 mg/ mL) and xylazine (20 mg/mL). Stainless guide cannulas (21-gauge) were bilaterally implanted at the dorsal CA1 hippocampal area; the coordinates were anteriorposterior: -3 mm from bregma; medial-lateral:  $\pm 2 \text{ mm}$ from midline; and dorsal-ventral: -2 mm from the skull surface (Paxinos & Watson, 2007). At the end of the procedure, each cannula was temporarily closed with a stainless-steel wire to preserve it from occlusion. Seven days after the surgery, 1  $\mu$ L/rat (0.5  $\mu$ L on each side) of L-a-AAA and or vehicle were injected into the CA1 hippocampal area by a Hamilton micro-syringe over one minute. The needle was kept in a cannula to prevent backflow. L-a-AAA (Sigma-Aldrich, China) was dissolved in normal saline containing 6% 2-hydroxypropylβ-cyclodextrin (Sigma-Aldrich, China) with pH=7. One day before and after the last injection of drugs, learning and memory were assessed by passive avoidance memory tasks. The EPM was performed 1 day before and 30 minutes after the last injection of drugs.

#### **Experimental design**

The rats were randomly assigned into three groups (n=7): Control, with no intervention; vehicle, with stereotaxic surgery, received 6% 2-hydroxypropyl- $\beta$ -cyclodextrin (vehicle) once per day for three consecu-

tive days and evaluated for behavioral tests; experimental group (L- $\alpha$ -AAA), with stereotaxic surgery, received L- $\alpha$ -AAA at dose of 25 µg/µL once daily for three consecutive days and evaluated for behavioral test.

All drugs were injected into the dorsal CA1 hippocampal area. Rats subjected to inhibitory passive avoidance memory and anxiety assessments were habituated to the condition of the testing room for 1 h before performing the behavioral tests. The two behavioral tests were not performed on the same rats, and behavioral tests were done blind to treatment.

### **Behavioral tests**

#### Passive avoidance memory test

The passive avoidance memory test was performed as described in our previous studies (Mahakizadeh et al., 2015; Seifhosseini et al., 2011). The apparatus (the shuttle box) was composed of two light and dark compartments ( $20 \times 20 \times 30$  cm) with identical sizes that were divided by a manually operated gate ( $7 \times 9$  cm). The dark compartment had a stainless steel shock grid floor. Electric shocks were given using a stimulator (50 Hz, 1.5 mA intensity, 3 s). It has three steps: Habituation, training, and prob.

# Habituation

Each rat was gently placed into the light compartment, and after 5 seconds, the gate was opened, and the rat was permitted to go into the dark compartment. Rats were excluded from the experiments if they delayed for more than 120 seconds to cross the dark compartment.

### Training

The training was done 30 minutes after habituation. The rat was placed in the light compartment, and after 5 seconds, the gate was opened. When the rat entered the dark compartment with all four feet, the gate was closed, and the rat received an electrical foot shock (50 Hz, 1.5 mA intensity, 3 s). After 20 seconds, the rat was returned to the cage. One hundred and twenty seconds later, the rat was re-tested using a method similar to the one used in the prior trials; successful learning was defined as the rat remaining in the light compartment for 120 seconds.

# Prob

One day after the last drug injection, the rat was placed in the light compartment, and then the step-through latency time to enter the dark compartment was recorded. The cut-off time for the retention trial was 300 seconds.

#### Elevated plus maze test (EPM)

The EPM test was used to assess anxiety-related behavior in rats (Karimi et al., 2014; Nikmahzar et al., 2016). Briefly, this plus-shaped apparatus was located at 50 cm in height. It is made up of two open arms  $(50 \times 10 \text{ cm})$  and two closed arms (50×10×40 cm) opposite to each other, linked by a central square zone ( $10 \times 10$  cm). The test was performed by placing the rat on the center of EPM facing an open arm, and the rat was permitted to explore the maze for 5 minutes. During the step, the number of entries into both arms and the time spent in each arm was recorded. Arm entries were recorded when the rat entered all four paws into the EPM arm. The maze was cleaned with 70% ethanol between each step for each rat. Finally, the percentage of open and closed arms time, the percentage of open and closed arm entries, open arm latency, and pure index of locomotor activity were measured. Total arm entries into the open and closed arms were measured as a pure index of locomotor activity.

## **Tissue preparation**

Twenty-four hours after the behavioral test, the rats were deeply anesthetized with chloroform and transcardially perfused by injecting 0.9% saline and 4% paraformaldehyde (Scharlau, Spain). The brains were collected and kept in a fixative solution (4% paraformaldehyde) for the next 7 days. Afterward, the automated tissue processor (Did Sabz, Iran) was used to histologically process brain samples, which were finally embedded in paraffin blocks. Paraffin blocks were cut using a rotary microtome to a thickness of 6  $\mu$ m coronal sections from the hippocampus at 20  $\mu$ m intervals between each two successive sections (Moghadami et al., 2016). The sections were immunostained for GFAP, a specific marker for astrocytes.

# Immunohistochemistry staining for GFAP-ir astrocytes

GFAP-ir astrocytes were evaluated by immunohistochemistry staining (Nikmahzar et al., 2019; Shaabani et al., 2011). In this regard, the sections were immersed in xylene to deparaffinize and rehydrate in graded ethanol. The antigen was retrieved in retrieval solution (pH= 9, Tashkhis Baft Arajen, Iran) for 20 minutes at 90-95 °C using a laboratory water bath. Next, the slides were cooled at room temperature and rinsed with washing buffer (phosphate buffered saline [PBS]/Tween 20 in 0.1% Triton X-100). In order to quench endogenous peroxidase activity, brain sections were incubated in 0.3% hydrogen peroxide and methanol for 10 minutes at room temperature. After rinsing in the washing buffer, brain sections were incubated with avidin/biotin blocking solution (Dako, Denmark) for 30 minutes at room temperature and rinsed in the washing buffer. To block nonspecific reactivity, brain sections were incubated with 1% bovine serum albumin (BSA) blocking solution for 60 minutes at 37 °C temperature. Then, brain sections were incubated in primary anti-rabbit polyclonal GFAP antibody (ab16997, 1:100, Abcam Inc., USA) for 120 minutes at 37 °C. After washing in buffer, the sections were incubated in secondary biotinylated goat antirabbit IgG antibody (ab64256, Abcam Inc., USA) for 60 minutes at 37 °C and then rinsed with washing buffer. Afterward, the brain sections were probed with streptavidin HRP protein (1:5000, Abcam Inc., USA) for 30 minutes at room temperature. Finally, the brain sections were covered with the diaminobenzidine solution (Dako, Denmark) and rinsed gently with distilled water. After background staining with Meyer's hematoxylin for 3-4 seconds, the brain sections were dehydrated in graded ethanol, cleared in xylene, and mounted with entellan glue (Merck, Germany).

#### Imaging and counting GFAP-ir astrocytes

Pictures were captured using a digital camera (Model: DP73, Olympus, Japan) connected to a light microscope (Model: BX 53, Olympus, Japan) with 40× magnification for CA1, CA3, and DG regions of the hippocampus. The number of GFAP-ir astrocytes was counted in a 30000  $\mu$ m<sup>2</sup> area at three regions of the hippocampus by the cellSens standard 1.14 software (Olympus, Japan). Imaging and counting were performed blinded to treatment.

#### Statistical analysis

Statistical analysis was performed using SPSS software, version 16 (Armonk, NY, USA). All data were expressed as Mean±SD, and the Shapiro-Wilk test assessed data normality. Behavioral assessments and the histological data were analyzed by one-way analysis of variance (ANOVA) with LSD post-hoc test. P<0.05 was regarded as a significant difference.

# L- $\alpha$ -AAA administration into the hippocampal CA1 Area and the passive avoidance memory function

Figure 1 shows that all groups' step-through latency time in the training step was 120 seconds. Injection of L- $\alpha$ -AAA into the hippocampal CA1 area for three consecutive days significantly decreased the step-through latency time compared to the vehicle group ( $F_{(2, 15)}=6.213$ , P=0.011). However, there was no significant difference in step-through latency time between the control and vehicle groups (Figure 1).

# L-α-AAA administration into the hippocampal CA1 and increased anxiety-like behavior

The data of the elevated plus maze revealed that L- $\alpha$ -AAA significantly decreased the percentage of time spent in the open arm ( $F_{(2, 12)}$ =7.940; P=0.006) and significantly increased the percentage of time spent in the closed arm ( $F_{(2, 12)}$ =7.280; P=0.009) compared to control rats (Figures 2 A and 2B). L- $\alpha$ -AAA significantly reduced the percentage of time spent in the open arm 30 minutes after last injection compared to one day before injection of L- $\alpha$ -AAA (P<0.05, Figure 2A). Three consecutive daily doses of L- $\alpha$ -AAA significantly decreased

the percentage of open arm entries  $(F_{(2, 12)}=34.932;$ P=0.000) and increased the percentage of closed arm entries (F<sub>(2, 12)</sub>=34.932; P=0.000) compared to control rats (Figures 2C and 2D). It also significantly decreased the percentage of open-arm entries and increased the percentage of closed-arm entries 30 minutes after the last injection compared to one day before injection of L-α-AAA (P<0.05, Figures 2C and 2D). A significant increase in the open arm latency ( $F_{(2, 12)}$ =22.107; P=0.000) was observed following the administration of L-a-AAA compared to control rats (Figure 2E). The data showed a significant reduction in the pure index of locomotor activity in L-α-AAA group (F<sub>(2, 12)</sub>=14.647; P=0.001) compared to control rats (Figue 2F). Moreover, there was significant difference in anxiety parameters in the elevated plus maze between control and vehicle-treated group rats (Figure 2).

# L-α-AAA administration and the number of GFAP-ir astrocytes in the hippocampus

Three consecutive daily doses of vehicle administration into the hippocampal CA1 area significantly increased the number of GFAP-ir astrocytes in the CA1, CA3, and DG subfields of the hippocampus compared with control rats (P<0.001, Figures 3B, i, ii, and iii). L- $\alpha$ -AAA injected rats exhibited a significant decline in the number of GFAP-



Figure 1. L-a-AAA impairing passive avoidance memory

\*Significant (P<0.05), \*\*Significant (P<0.01).

Notes: L-a-AAA administration into the CA1 subfield of the hippocampus at the training step and 24 h after the last drug injection could decline the step-through latency time regarding the passive avoidance memory compared to the control and vehicle groups. The data are expressed as Mean±SD. One-way ANOVA and LSD post-hoc test. N=7 per group.





\*Significant (P<0.05), \*\*Significant (P<0.01), \*\*\*Significant (P<0.001).

## NEURSSCIENCE

Notes: Anxiety-related behavior in rats was assessed one day before the injection of L- $\alpha$ -AAA and 30 minutes after the last injection of L- $\alpha$ -AAA in the elevated plus maze test. Parameters for assessing anxiety included the percentage of time spent in open (A) and closed (B) arms, percentage of open (C) and closed (D) arm entries, open arm latency (E), and pure index of locomotor activity (F). The data are expressed as Mean±SD. The alternations were significant compared to the control group (A-E). One-way ANOVA and LSD post-hoc test. n=7 per group.



Figure 3. L-a-AAA reduced GFAP-immunoreactive astrocytes

#### NEURSSCIENCE

L-α-AAA: L-α-aminoadipic acid; GFAP-ir: Glial fibrillary acidic protein-immunoreactive.

\*P<0.05, \*\*P<0.01, \*\*\*P<0.001 as compared to the control group, \*\*\*P<0.001 as compared to the vehicle group.

Notes: L- $\alpha$ -AAA reduced GFAP-ir (A) immunohistochemistry staining for GFAP expressing astrocytes in coronal sections of rat hippocampus. GFAP-ir astrocytes were observed in brown color (black arrows demarcated) in the hippocampus (×100). L- $\alpha$ -AAA injection significantly reduced the number of GFAP-ir astrocytes in the CA1 (i), CA3 (ii), and DG (iii) subfields of the hippocampus (B). Data expressed as Mean±SD. One-way ANOVA and LSD post-hoc test. n=7 per group.

ir astrocytes in the CA1, CA3, and DG subfields of the hippocampus three days after administration compared to vehicle rats (P<0.001; Figures 3Bi, 3Bii, and 3Biii). The number of GFAP-ir astrocytes significantly decreased after administration of L- $\alpha$ -AAA compared to control rats in the CA1 (F<sub>(2, 55)</sub>=29.742; P=0.000), CA3 (F<sub>(2, 55)</sub>=39.497; P=0.000) and DG (F<sub>(2, 55)</sub>=61.143; P=0.000) subfields of hippocampus (Figures 3Bi, 3Bii and 3Biii).

# 4. Discussion

The present study revealed that L- $\alpha$ -AAA microinjection into the CA1 subfield of the hippocampus could impair the passive avoidance memory and increase the anxiety-like behavior in male rats. The number of GFAP-ir astrocytes in the hippocampus decreased after astrocyte ablation.

Substances such as fluoroacetate, fluorocitrate, methionine sulfoximine, and ethacrynic acid are metabolic inhibitors in astrocytes and in association with memory impairment (Dallérac & Rouach, 2016; Fonnum et al., 1997). It has been proven that the gliotoxin, L- $\alpha$ -AAA, impaired medial prefrontal cortex-depended cognitive functions, working memory, and reversal learning (Lima et al., 2014). Pereira et al. (2021) reported that L- $\alpha$ -AAA significantly decreased recognition memory, a hippocampal memory, in mice. In agreement with these findings, our data showed that inhibition of astrocytes by injection of L- $\alpha$ -AAA diminished passive avoidance memory, a hippocampus-related memory.

Inside the brain, glutamine synthetase, a regulator enzyme of the glutamate/glutamine cycle in neurons, is produced by astrocytes (Son et al., 2019). The enzyme produces glutamine, a glutamate neurotransmitter involved in learning and memory. Studies revealed that inhibiting the enzyme caused memory impairment (Kant et al., 2014; Kulijewicz Nawrot et al., 2013; Lima et al., 2014; Robinson et al., 2015). L- $\alpha$ -AAA, as a glutamate analog, inhibits glutamine synthetase (David et al., 2018; Guidetti & Schwarcz, 2003; Pereira et al., 2021). Hence, the cause of memory impairment that we observed in our study may be the inhibition of glutamine synthetase by L- $\alpha$ -AAA.

The glutamatergic system plays a significant role in anxiety disorders (Kaur & Singh, 2017). Banasr and Duman reported that L- $\alpha$ -AAA infusion (100 µg/µL) in the rat prefrontal cortex induced anxiety in the novelty-suppressed feeding test (Banasr & Duman, 2008). According to this report, we observed that L- $\alpha$ -AAA microinjection into the CA1 subfield of the hippocampus could increase the anxiety-like behavior in the elevated plus maze.

Previous studies have displayed that the number of hippocampal astrocytes increased after different vehicle microinjections (such as dimethyl sulfoxide and normal saline) in rat hippocampus (Emamian et al., 2010; Jahanshahi et al., 2012). Also, it is reported that 2-hydroxypropyl-\beta-cyclodextrin injection enhanced astrocytic activity (GFAP intensity) in the cerebellum (Jeong et al., 2019). The current study found that intra-CA1 injection of vehicle (6% 2-Hydroxypropylβ-cyclodextrin) increased the density of GFAP-ir astrocytes in the hippocampus compared to control rats. While L-a-AAA reduced the density of GFAP-ir astrocytes in the hippocampus after three consecutive daily doses. It is claimed that L-a-AAA downregulates the mRNA expression of GFAP in astrocytes moreover, induces cell death in cultured astrocytes (David et al., 2018; Nishimura et al., 2000). After L-α-AAA injection into the substantia nigra, locus coeruleus, and amygdala, the amount of GFAP-ir astrocytes reduces (Chang et al., 1993; Khurgel et al., 1996). Microinjection of 6.4 nmol L-a-AAA within 3 days caused a transient loss of GFAPir astrocytes in the rat hippocampus (Rodríguez et al., 2004). Also, the density of GFAP-ir astrocytes decreased after microinjection of L- $\alpha$ -AAA (50 and 100  $\mu$ g/ $\mu$ L) to the rodent pre-limbic and medial prefrontal cortex (Banasr & Duman, 2008; David et al., 2018; Domin et al., 2014; Lee et al., 2013). In another study, L-α-AAA injection (20 µg/µL) led to the ablation of GFAP-ir astrocytes in the rat medial prefrontal cortex (Lima et al., 2014) and one day after injection of L- $\alpha$ -AAA at a dose of 25 nmol, GFAP mRNA expression declined in the rat anterior cingulate cortex (Chen et al., 2012). Injection of L- $\alpha$ -AAA (50  $\mu$ g/ $\mu$ L, 2 injections) into the corpus callosum reduced the density of GFAP-ir astrocytes and expression of GFAP in demyelination model mice (Madadi et al., 2019).

Alterations of hippocampal astrocytes may be linked to cognitive deficits (David et al., 2019). Moreover, it is reported that the density of GFAP-ir astrocytes decreased in the pre-limbic cortex and CA3 area of the hippocampus for up to 72 h after administration of L- $\alpha$ -AAA in rodents (David et al., 2019). A more recent study found that ICV-injected L- $\alpha$ -aminoadipate reduced the immunoreactivity of GFAP but also declined the S100 $\beta$ , the other marker of astrocytes in CA1 and CA3 regions. Taken together, these findings support the gliotoxicity of L- $\alpha$ -AAA on hippocampal astrocytes, leading to memory deficiency and anxiety-like behavior. Further, noticing the important role of astrocytes in anxiety-like behaviors will emerge new ideas about anxiety and the brain.

# 5. Conclusion

This study focused on the role of astrocytes in memory function and anxiety-like behaviors. It concluded that L- $\alpha$ -AAA-related inhibited astrocytes impaired passive avoidance memory and increased anxiety-like behavior, which can be considered in future therapeutic strategies.

# **Ethical Considerations**

### Compliance with ethical guidelines

All experiments followed the Ethical Committee of Golestan University of Medical Sciences, Gorgan, Iran (Code: 1394.206).

# Funding

This work was supported by the Deputy of Research and Technology, Golestan University of Medical Sciences, Gorgan, Iran (Grant No.: 940819197).

## Authors' contributions

Conceptualisation, study design, review and editing: Mehrdad Jahanshahi; Data collection: Mehrdad Jahanshahi, Leila Elyasi, and Emsehgol Nikmahzar; Data analysis and writing the original draft: Leila Elyasi and Emsehgol Nikmahzar; Data interpretation: Emsehgol Nikmahzar; final approval: All authors.

#### Conflict of interest

The authors declared no conflict of interest.

#### Acknowledgments

The authors thank the Neuroscience Research Center for the Histological and Behavioral Experiments and the Research and Technology Deputy of Golestan University of Medical Sciences, Gorgan, Iran for financial support.

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