# **Accepted Manuscript**

# **Accepted Manuscript (Uncorrected Proof)**

 Title: Intranasal Administration of Autologous Conditioned Serum Attenuates Memory

 Impairment in Mice Model of Photothrombotic mPFC Ischemia

**Authors:** Sareh kazmi<sup>1,2</sup>, Neda Yazdanfara<sup>2</sup>, Fatemehsadat Seyedaghamiria<sup>2</sup>, Alireza Pishgahi<sup>3</sup>, Mehdi Yousefi<sup>4</sup>, Tahereh Ghadiri<sup>2</sup>, Saeed Sadigh-Eteghad<sup>1</sup>, Mehdi Farhoudi<sup>1,\*</sup>

- 1. Neurosciences Research Center, Tabriz University of Medical Sciences, Tabriz, Iran.
- 2. Department of Neuroscience, Faculty of Advanced Medical Sciences, Tabriz University of Medical Sciences, Tabriz, Iran.
- 3. Physical Medicine and Rehabilitation Specialist, Motahari General Hospital, Isfahan, Iran.
- 4. Immunology Research Center, Tabriz University of Medical Sciences, Tabriz, Iran.

\*Corresponding Author: Mehdi Farhoudi, Neurosciences Research Center, Tabriz University of Medical Sciences, Tabriz, Iran. Email: farhoudim74@gmail.com

To appear in: Basic and Clinical Neuroscience

**Received date:** 2025/03/3

**Revised date:** 2025/05/12

Accepted date: 2025/07/07

This is a "Just Accepted" manuscript, which has been examined by the peer-review process and has been accepted for publication. A "Just Accepted" manuscript is published online shortly after its acceptance, which is prior to technical editing and formatting and author proofing. *Basic and Clinical Neuroscience* provides "Just Accepted" as an optional and free service which allows authors to make their results available to the research community as soon as possible after acceptance. After a manuscript has been technically edited and formatted, it will be removed from the "Just Accepted" Web site and published as a published article. Please note that technical editing may introduce minor changes to the manuscript text and/or graphics which may affect the content, and all legal disclaimers that apply to the journal pertain.

# Please cite this article as:

Accepted

kazmi, S., Yazdanfara, N., Seyedaghamiria, F., Pishgahi, A., Yousefi, M., Ghadiri, T., et al. (In Press). Intranasal Administration of Autologous Conditioned Serum Attenuates Memory Impairment in Mice Model of Photothrombotic mPFC Ischemia. Basic and Clinical Neuroscience. Just Accepted publication Jul. 10, 2025. Doi: http://dx.doi.org/10.32598/bcn.2025.7486.1

DOI: http://dx.doi.org/10.32598/bcn.2025.7486.1

#### Abstract

Globally, stroke ranks as the second most prevalent cause of death, contributing significantly to worldwide mortality burdens, imposing a significant economic and emotional challenge on societies. This study designed to investigate the effect of autologous conditioned serum (ACS) on memory and associated molecular factors in a mouse model of photothrombotic ischemic stroke.

The photothrombotic model was used to induce medial prefrontal cortex (mPFC) ischemia. ACS were prepared by intracardiac puncture of C57BL/6 mice using special ACS syringes. After blood incubation, the sample was centrifuged, and the serum was analyzed with ELISA kits to quantified the levels of IL-1RA and IGF-I. The ischemic animals received 48  $\mu$ l intranasal ACS in the periods of two times a day, once a day, or once every other day for one week. Behavioral tests, including the Lashley-III maze and social interaction test, were conducted following treatment administration. Additionally, the IGF-1, IL-1 $\beta$ , IL-1RA, levels, and phospho-tau/total-tau ratio were measured in the mPFC area by western blot. Histological analysis was performed to assess ischemic volume.

The results indicated that once-daily ACS administration significantly improved spatial memory in the Lashley-III maze and showed a notable enhancement in social memory as measured by the social interaction test. In terms of molecular analysis, ACS increased the levels of IGF-1 and IL-1RA, whilst decreasing the levels of IL-1 $\beta$  and p-tau/total-tau ratio.

In conclusion, post-stroke intranasal ACS administration enhances memory possibly by increasing the level of IGF-1 and attenuating inflammation through the inhibition of IL-1 $\beta$  signal by IL-1RA, and regulation of tau levels.

**Keywords:** Ischemic Stroke, Autologous conditioned serum, phosphorylated tau, interleukin-1 receptor antagonist, insulin like growth factor-1

# Introduction

The main neurological cause of death and disability worldwide is stroke, which has a narrow therapeutic window (1). Stroke is characterized by two foremost subtypes of blood flow disruption: ischemic and hemorrhagic. Ischemic stroke, which account for 70-85% of cases, are more common and often the focus of extensive research. However, there is an increasing awareness in societies about stroke prevention to protect against sensory, motor, and cognitive deficits caused by a stroke (2), the underlying mechanisms of cognitive impairments following an ischemic stroke remain poorly understood, posing significant challenges in the daily lives of patients. These challenges include difficulties with language, executive function, visuospatial cognition, episodic memory, and working memory, highlighting the critical urgent for further research essential (3).

Of particular interest is why the PFC-induced ischemic model can be used in preclinical studies to enhance understanding of interventional research and assessment. The prefrontal cortex (PFC) plays a pivotal role in multidimensional, hierarchical, and top-down cognitive processing, and is also associated with normal age-related cognitive decline (4). Given that ischemia in the PFC and frontal cortices leads to impaired reversal learning, spatial memory, cognitive flexibility, and coherence between the PFC and hippocampus (5), we conducted a study using a focal mPFC photothrombotic lesion in mice.

When ischemia occurs, it obstructs blood flow to the brain, leading to a decrease in oxygen supply and disruption of metabolic and internal balance. Ischemic cell death is mainly caused by the activation of glutamate receptors due to changes in ion distribution and intracellular calcium concentration, which leads to excitotoxicity (6, 7). Brain damage in ischemia is driven by the overactivation of NMDA receptors, which induces excitotoxicity. Tau, a protein highly expressed in neurons, regulates and stabilizes microtubules. The pathological transformation of tau in Alzheimer's disease (AD) and frontotemporal dementia (FTD), characterized by hyperphosphorylation and tangle formation, results in functional deficits that contribute to disease progression (8). Following ischemia, hyperphosphorylated tau (p-tau) persists in neurons, similar to changes seen in AD. Research has shown that reducing p-tau levels can protect against excitotoxic deficits in the acute phase of stroke through ERK signaling (8-10). Inflammatory molecules severely disrupt normal tau functions, while misfolded tau, in turn, exacerbates inflammation, although this does not occur during the acute phase of stroke. During acute inflammation, microglia reduce the oligomerization of tau. P-tau accumulation can trigger apoptosis through endoplasmic reticulum-associated degradation. Conversely, inhibiting tau phosphorylation is crucial for protecting against ischemic conditions. In clinical settings, levels of tau in serum, plasma, or cerebrospinal fluid can be used to predict stroke outcomes and deficits (11-13).

The term "autologous" refers to serum derived from syngeneic mice (same strain, age, and genetic background) rather than from the same individual mouse (14-17). The concept of utilizing cytokine inhibitors and growth factors for therapeutic purposes first emerged in the late 1970s–early 1980s. In orthopedic applications, growth factors have gained prominence for their capacity to modulate disease pathophysiology and promote functional tissue regeneration. ACS exemplifies this approach by delivering a concentrated cocktail of endogenous anti-inflammatory and anabolic factors to injured sites.(18, 19). Autologous conditioned serum (ACS) is generated by incubating venous blood with medical-grade glass beads, a process that activates peripheral blood leukocytes to secrete anti-inflammatory mediators, particularly interleukin-1 receptor antagonist (IL-1RA). Following incubation, the serum is isolated via centrifugation and can be either stored for future applications or administered directly to the target organs. Since 1998, ACS, marketed as Orthokine, has been utilized in orthopedic patients and experimental animal models (20).

# Material and Methods

#### Animals

Adult male C57BL/6 mice (10-12 weeks old, weighing approximately 25 g) were procured from the Animal Laboratory Center of the Pasteur Institute of Iran. The animals were kept in standard cages (8 animals per cage) under controlled conditions ( $24 \pm 2 \,^{\circ}$ C) on a 12/12-hour light/dark cycle. They were provided with standard pellet food and tap water ad libitum. All experimental procedures were approved by the Ethics Committee of Tabriz University of Medical Sciences (Ethical Code: IR.TBZMED.VCR.REC.1399.403) and performed in accordance with the guidelines of the National Institutes of Health (NIH; Publication No. 85–23, revised 1985).

#### **Preparation of ACS**

For this purpose, we used the Heila kit (Roham Cell, Canada). Whole blood (300–500  $\mu$ L per animal) was collected from the mice via intracardiac puncture into non-heparinized syringes containing medical-grade beads. Whole blood was maintained at 37°C in a temperature-controlled incubator for 8 hours prior to centrifugation (4000 × g, 10 min). The supernatant (ACS) was collected under sterile conditions and stored at –70 °C. The ACS was analyzed for IL-1Ra and IGF-1 levels using the ELISA method according to the kit protocols.

#### **Groups and administration**

After one week of acclimatization to laboratory conditions, the animals were randomly divided into six groups (n = 8 per group): Control, Sham, mPFC ischemia + NS, mPFC ischemia + ACS-II, mPFC ischemia + ACS-EO. The control group received normal saline (NS) injections without any surgical intervention, while the Sham group underwent sham surgery followed by NS administration. The experimental groups were subjected to mPFC ischemia and subsequently treated with either NS or autologous conditioned serum (ACS). The animals in the NS-received groups were administered 48  $\mu$ L of NS intranasally once a day. The ACS treatment groups were as follows: ACS-II, received ACS intranasally twice daily at 12-hour intervals, ACS-I, received ACS intranasally once every other day. ACS was administered at a dosage of 48  $\mu$ L per session for one week via the intranasal route. During administration, the ACS was alternated between the right and left nares at one-minute intervals.

#### Photothrombotic ischemia model induction

The bilateral photothrombotic mPFC ischemia model was established using the following protocol: Animals were anesthetized with isoflurane (5% for induction, 2% for maintenance) and secured in a stereotaxic apparatus. The skull overlying the mPFC (centered at 2.2 mm anterior to bregma) was surgically exposed and demarcated with sterile ink. Prior to illumination, Rose Bengal (150  $\mu$ g/g body weight; Sigma-Aldrich, St. Louis, MO, USA) was administered

intraperitoneally as a photosensitizing agent. Five minutes post-injection, the marked cortical region was irradiated for 10 minutes (continuous wave, 532 nm laser; 70 mW output power, 2 mm beam diameter) to induce localized thrombosis.

The surgical part was sutured after procedure. Following photothrombotic induction, animals were immediately transferred to a temperature-controlled recovery cage (maintained at 28-30°C) and monitored until full ambulation returned. Postoperative analgesia (e.g., buprenorphine, 0.05 mg/kg) was administered subcutaneously every 8-12 hours for 24 hours. Animals were individually housed with free access to food and water during the, with daily assessments of neurological function and wound healing. Ischemia induction was confirmed using TTC staining 48 hours after surgery. The same procedure was performed for the Sham group animals, except they were not exposed to laser light. Their incisions were sutured as part of the protocol. This model is both safe and conservative, as no mortality was observed in any study group.

# TTC Staining for Cerebral Infarct Assessment

2,3,5-Triphenyltetrazolium chloride (TTC) staining was performed to evaluate ischemic damage according to established protocols. Forty-eight hours post-ischemia, mice were euthanized under deep anesthesia (ketamine/xylazine: 90/10 mg/kg, i.p.) and transcardially perfused with ice-cold PBS. Brains were rapidly extracted and sectioned into 3-mm coronal slices using a brain matrix.

The sections were incubated in 2% TTC solution (w/v in PBS, pH 7.4) at 37°C for 20 minutes protected from light, then fixed in 4% paraformaldehyde. Viable tissue stained brick-red due to mitochondrial dehydrogenase activity, while infarcted regions remained unstained (white).

# **Behavioral tests**

#### Social interaction test

This test was performed to assess social memory. A square Plexiglas® box ( $57 \times 45 \times 30$  cm), consisting of three interconnected compartments separated by two plexiglass walls, was used for the assessment. Each of the outer compartments contained a wire cage. The test consisted of three stages: habituation, sociability assessment, and social memory evaluation, each lasting 10 minutes.

At the first step, the mouse was placed in the central compartment and allowed to explore all three chambers freely. In the next step, a stranger mouse of the same age, sex, and weight was placed in one wire cage, while the other wire cage remained empty. The test mouse was then allowed to explore all three compartments freely. At the final step, the first stranger mouse remained in one wire cage, and a second stranger mouse of the same age and weight was placed in the opposite wire cage. The test mouse was again allowed to explore all compartments freely. Interaction time was scored when the subject mouse sniffed within 2 cm of the cages. Throughout all three stages, the animals' behaviors and movements were recorded using a camera mounted above the apparatus (21).picter

#### Lashley maze test

This study used the Lashley III maze test to examine spatial memory. The maze consisted of three parts: a start box, a labyrinth, and a bonus box, all made of plexiglass. The arms of the maze had four parallel lines. Food was withheld from the animals 8 hours before the test to increase motivation. Some food was placed in the bonus box as a reward.

At the beginning of the test, the animal was located in the start box and permitted to move freely through the arms of the maze for six minutes to find the reward box. Once the animal found the reward, the test was terminated. This test was done for five consecutive days. During all stages of the test, the movement of the animals was recorded by a camera mounted above the maze. The latency to reach the bonus box and the number of errors (frequency of entries into incorrect arms) were recorded as parameters of interest.

# **Behavioral Assessment Methodology**

Behavioral parameters were quantified using EthoVision<sup>™</sup> XT video tracking system (v15.0, Noldus Information Technology, Wageningen, Netherlands). All testing apparatus were acquired from Arman Poshtiban Teb Co. (Tabriz, Iran) and standardized prior to experimentation.

Between trials, apparatus surfaces were thoroughly cleaned with 70% ethanol to eliminate residual olfactory cues, followed by a 5-minute drying period to ensure complete ethanol evaporation.

#### **Tissue Collection and Processing**

After behavioral testing, animals were perfused with PBS under ketamine/xylazine anesthesia (90/10 mg/kg). Brains were either: (1) dissected and frozen at -70°C for immunoblotting, or (2) fixed in 4% PFA for histology.

#### Western Blot Analysis of Inflammatory and Tau-Related Proteins

To evaluate the protein expression levels of interleukin-1 $\beta$  (IL-1 $\beta$ ), interleukin-1 receptor antagonist (IL-1RA), total tau (t-tau), phosphorylated tau (p-tau), and insulin-like growth factor 1 (IGF-1), we performed Western blot analysis according to standardized protocols. Brain tissue samples were homogenized in RIPA lysis buffer (50 mM Tris-HCl, pH 7.4, 150 mM NaCl, 1% NP-40, 0.5% sodium deoxycholate, 0.1% SDS) supplemented with protease and phosphatase inhibitor cocktail. The homogenates were centrifuged at 14,000 × g for 20 min at 4°C to remove insoluble debris. Protein concentrations were determined using the Bradford protein assay with bovine serum albumin as standard.

Protein samples (20  $\mu$ g per lane) were mixed with 2X Laemmli sample buffer containing 4% SDS and 10% 2-mercaptoethanol, boiled for 5 min, and separated by SDS-PAGE on 12% polyacrylamide gels. The separated proteins were then electrophoretically transferred onto 0.2  $\mu$ m pore size polyvinylidene difluoride (PVDF) membranes (Bio-Rad Laboratories, Hercules, CA, USA) using a wet transfer system at 100 V for 90 min at 4°C.

Membranes were blocked with 5% bovine serum albumin (BSA; Sigma-Aldrich, St. Louis, MO, USA) in Tris-buffered saline containing 0.1% Tween-20 (TBST) for 75 min at room temperature. The membranes were then incubated overnight at 4°C with the following primary antibodies diluted in blocking buffer: rabbit anti-tau (1:1000; ab76128, Abcam), rabbit anti-phospho-tau (1:1000; ab92676, Abcam), rabbit anti-IGF-1 (1:800; ab9572, Abcam), rabbit anti-IL-1RA (1:1000; ab175392, Abcam), rabbit anti-IL-1 $\beta$  (1:800; ab254360, Abcam), and mouse anti- $\beta$ -actin (1:5000; ab8227, Abcam).

After three washes with TBST (10 min each), membranes were incubated for 1 hr at room temperature with horseradish peroxidase (HRP)-conjugated goat anti-rabbit IgG (1:5000; ab6721,

Abcam) or goat anti-mouse IgG (1:5000; ab6789, Abcam) secondary antibodies. Protein bands were visualized using enhanced chemiluminescence (ECL) substrate and imaged using a chemiluminescence detection system. Band intensities were quantified by densitometric analysis using ImageJ software (National Institutes of Health, Bethesda, MD, USA), with  $\beta$ -actin serving as the loading control for normalization.

# Histological Assessment of Infarct Volume by Hematoxylin and Eosin Staining

The extent of cerebral infarction was evaluated using standard hematoxylin and eosin (H&E) staining. Following fixation in 4% paraformaldehyde, brain tissues were processed through a graded ethanol series (70%, 80%, 90%, and 100%) for dehydration, cleared in xylene, and embedded in paraffin blocks. Using a rotary microtome (DS-8402, Daeshin Precision, Korea), twelve consecutive (serial) 5-µm thick coronal sections were obtained from the medial prefrontal cortex (mPFC) region, spanning the entire ischemic lesion. The sections were mounted on poly-L-lysine coated slides and stained using Mayer's hematoxylin solution for 8 minutes followed by eosin Y counterstaining for 1 minute. After dehydration through an ascending alcohol series and xylene clearing, sections were coverslipped with Entellan mounting medium (Merck, Germany).

The infarct volume was quantified using image analysis software (ImageJ, NIH, Bethesda, MD, USA) based on the following formula: Infarct area  $\times$  Number of sections  $\times$  Distance between sections.

#### Statistical analysis

All statistical analyses were conducted using GraphPad Prism version 8.01 (GraphPad Software Inc., La Jolla, CA, USA). For comparisons among multiple groups, we employed One-way ANOVA or Two-way ANOVA. Following significant ANOVA results (p < 0.05), we performed Tukey's honestly significant difference (HSD) post-hoc tests for all pairwise comparisons. Results are presented as mean  $\pm$  standard error of the mean (SEM) throughout the manuscript, with individual data points shown in all graphs to demonstrate data distribution. Statistical significance

was set at p < 0.05, with additional notation for higher significance levels (\*p < 0.05, \*\*p < 0.01, \*\*\*p < 0.001).

# Results

# **ACS Composition**

The predominant cytokines in ACS were IL-1RA and IGF-I. The IL-1RA concentration in ACS was  $10,224.3 \pm 498.6$  pg/mL, compared to  $200.3 \pm 1.2$  pg/mL in the unconditioned serum. This represents an approximately 50-fold increase in IL-1RA levels. Similarly, the IGF-I concentration in ACS was  $119.2 \pm 0.44$  pg/mL, compared to  $22.2 \pm 0.41$  pg/mL in the unconditioned serum, indicating a roughly 5-fold increase.

# Model approval using TTC staining

TTC staining confirmed the induction of ischemia in the target cortical area (Fig 1) 48 hours after model induction.



Fig. 1. TTC staining in mPFC ischemic area was represented in white.

#### ACS effect on social memory in social interaction test

There was no significant difference in locomotor activity, as assessed by the total distance traveled and total exploration time (Fig. 2A and B). Social memory in the NS group was significantly decreased compared to the control and sham groups (p < 0.0001). However, ACS-I treatment significantly improved this index (p < 0.0001) (Fig. 2C).



**Fig. 2.** The (A) locomotor activity, (B) exploration time, and (C) social memory index, in social interaction test among study groups. The graphs represent the raw data and mean  $\pm$  SEM, (n = 8). The p values are depicted on top of the compared groups. NS: normal saline; ACS: autologous conditioned serum; II: twice a day; I: once a day; EO: once every other day; mPFC: medial prefrontal cortex.

#### ACS effect on spatial memory in Lashley III maze test

The latency time and number of errors were significantly increased in the NS group on days 4 and 5 (p < 0.05) compared to the control and sham groups. In the ACS-I group, both indices were significantly reduced on the same days (at least p < 0.05) (Fig. 3A and B).



**Fig 3.** The (A) latency time and (B) number of errors in Lashley III maze test in different groups. Differences among groups were analyzed for each day. Values represent the mean  $\pm$  SEM, (n = 8). The p values are depicted on top of the compared groups. NS: normal saline; ACS: autologous conditioned serum; II: twice a day; I: once a day; EO: once every other day.

#### ACS increases IGF-1 and IL-1RA levels after mPFC ischemia

Quantitative analysis revealed significant reductions in both insulin-like growth factor-1 (IGF-1) and interleukin-1 receptor antagonist (IL-1RA) levels in the normal saline (NS)-treated ischemic group compared to Control and Sham groups (p < 0.05). The ACS-I and ACS-EO groups exhibited an increase in IGF-1 expression; however, an increase in IL-1RA levels was observed only in the ACS-I group (at least p < 0.01) (Fig. 4A and C). No significant differences were observed between Sham and Control groups for either biomarker.

# ACS Treatment Attenuates Neuroinflammation and Tau Pathology Following mPFC Ischemia

Focal ischemia in the mPFC significantly elevated IL-1 $\beta$  levels and increased the phosphorylated tau (p-tau) to total tau (t-tau) ratio compared to both Control and Sham groups (p < 0.05). Treatment with ACS in all three groups significantly reduced both parameters (at least p < 0.05) (Fig. 4B and D).

Accepted Manuscipil



**Fig. 4.** The (A) IGF-1, (B) IL-1 $\beta$ , (C) IL-1 $\beta$  RA levels and p-tau/T-tau ratio evaluated by western blot. Panel (E) indicates correspond blot images.  $\beta$ -actin was used as an internal control. The graphs denote the raw data and mean  $\pm$  SEM, (n = 3). The p values are depicted on top of the compared groups. NS: normal saline; ACS: autologous conditioned serum; mPFC: medial prefrontal cortex; IGF-1: insulin-like growth factor 1; IL-1 $\beta$ : interleukin 1 beta; IL-1 $\beta$  RA: interleukin 1 beta receptor antagonist; p-tau/T-tau: phosphorylated/total tau.

#### ACS reduce the mPFC infarct volume

Ischemia induced infarction in the mPFC region, while ACS treatment in all three groups significantly reduced the infarct volume (p < 0.0001) (Fig. 5).



**Fig. 5.** Representative H & E-stained brain sections visualizing the infarction in the various sites of lesion at different groups. The graph (A) indicates the raw data and mean  $\pm$  SEM, (n = 3). The p values are depicted on top of the compared groups. The panel (B) shows the control, sham, NS, ACS-II, ACS-1, and ACS-EO groups. NS: normal saline; ACS: autologous conditioned serum; mPFC: medial prefrontal cortex.

#### Discussion

According results of present study intranasal administration of ACS improves spatial and social memory impairments in mPFC ischemia in mice. The observed therapeutic effects likely result from dual mechanisms: (1) upregulation of neuroprotective IGF-1 and (2) downregulation of pathological tau phosphorylation (p-tau/t-tau ratio) in peri-infarct areas. Additionally, ACS reduced pro-inflammatory cytokine (IL-1 $\beta$ ) and augmented the level of IL-1RA cytokine in the ischemic area.

The global burden of stroke and dementia is rising at an alarming rate, with current epidemiological projections estimating that by 2050 there will be approximately 200 million stroke survivors and 106 million individuals living with dementia worldwide. This dramatic increase representing a 150% surge in stroke prevalence and near-tripling of dementia cases compared to 2020 baselines reflects the compounding effects of aging populations, particularly in low- and middle-income countries, alongside insufficient management of vascular risk factors and limited therapeutic breakthroughs for neurodegenerative processes (22). Accordingly, it has been reported that approximately one in every three or four stroke survivors develop some form of cognitive decline or dementia (23), which hinder successful recovery. Clinical and imaging data have identified that functional outcomes following a stroke depend on factors such as the type of stroke, its severity, location, number of occurrences, and the volume of insult (24, 25). In this context, no significant differences have been reported in cognitive assessment between stroke subtypes (26); however, greater survival and incidence rates of ischemic stroke compared to hemorrhagic stroke leave higher number of ischemic stroke survivors experiencing cognitive decline (27). Additionally, anatomical location of lesion is considered as the influential factor for cognitive decline, and is strategic contributor for developing future dementia in stroke patients (28, 29).

The PFC primarily contributes to a wide range of cognitive and executive functions, which are governed by lateral, medial, and orbitofrontal subregions exerting top-down control over other cortical and subcortical domains (30). Data from electrophysiological and behavioral analyses have been suggested that mPFC implicates in high cognitive functions ranging from spatial working memory, attention, social behavior, decision making (31-33). Studies utilizing experimental models have been indicated impaired recognition memory, spatial memory, cognitive inflexibility, anxiety-related behavior following mPFC ischemia (34, 35). Results from current investigation, revealed that mPFC ischemia increased latency and time spent in error zone

in Lashley III maze, indicating impaired spatial learning. Similarly, it has been documented that focal ischemia in mPFC decreased displacement index in what-where-which test, demonstrating impaired episodic memory (36). Moreover, the mPFC inactivation exhibited impaired inhibition of retrieval of non-practiced items which is essential phenomena for successful memory recall by blocking retrieval of inappropriate competing interface (37). Scott et al. demonstrated that the inactivation of the mPFC led to a decline in odor working memory, and disconnecting its circuit with the mediodorsal thalamus resulted in dysfunction in exploratory motor activity (38).

We also found that mPFC photothrombotic ischemic induction dramatically declines social memory index in social interaction test. The mPFC has been proposed as a crucial foundation for social memory and social novelty encoding, facilitated by its extensive projections to limbic structures and top-down control over various circuits (39). The pharmacological blockade of the mPFC has been shown to block social recognition memory (40). Moreover, the long-term excitatory-inhibitory imbalance of hippocampal projections to mPFC has been found to impair social memory without affecting other social interactions, suggesting that any disruptions in the neural substrates of this circuit interfere with social memory processing (41). It has been demonstrated that mPFC parvalbumin neurons mediate social behavior by targeting hippocampal-dependent social memory pathway (42).

The IGF-1 is a trophic signal promoting maturation and growth in most tissues. Data from clinical studies have proven the positive role of IGF-1 overexpression in human motor and cognitive performances, while its suppression is observed in individuals with Alzheimer's disease (43). Downregulation of IGF-1 compromised its capacity to promote the polarization of M2 microglia, suppressed microglia reactive oxygen species (ROS) and M1 phenotype markers like TNF- $\alpha$  and inhibited astrocytic response to stimuli the astrocytic response to stimuli (44). Furthermore, the systemic inflammation has been approved to increase levels of the inflammatory cytokine TNF- $\alpha$  and IGF binding protein-1 (IGFBP-1), but reduce the level of IGF-1 by about half in affected tissues such as the brain (45). Additionally, intravenous IGF-1 improves the cognitive and neurological functions of rats subjected to ischemic stroke. This improvement was associated with the restoration of IGF-1 levels in the hippocampus, cortex, and amygdala of the affected rats. This exogenously increased levels of IGF-1 led to IL-6, IL-1 $\beta$ , and TNF- $\alpha$  decreased level in the plasma and hippocampus, as well as down-regulated of phospho-tau protein in the hippocampus and reduced cortical infarct volume (46).

P-tau is considered as a shared biomarker between stroke and neurodegenerative disease. The higher plasma level of p-tau patients with a history of stroke, regardless of whether they have dementia or not, compared to control individuals (47), could be related to the blood-brain barrier disruption following a stroke (48). Subcortical focal ischemia was proposed to upregulate the microtubule-associated regulatory kinase leading to microtubule destabilization by phosphorylation of tau at serine-262 in the microtubule-binding domain, (49). Tau phosphorylation at this site is believed to act as a gateway phosphorylation site to enhance further phosphorylation and tau aggression (50). Neuroinflammation as a pathological hallmark of ischemic stroke develops within minutes and continues for days and weeks following the attack (51). Cells in the ischemic core and peri-infarct zone begin to release inflammatory molecules such as cytokines and chemokines into the systemic circulation, leading to the peripheral immune cells infiltration into the brain, which then activate the host immune system (52, 53). The microglia express pro and anti-inflammatory cytokines in infarct and peri-infarct lesion sites (54). IL-1RA endogenously inhibit IL-1 $\alpha$  and IL-1 $\beta$  that works by blocking the IL-1 $\beta$  signaling pathway to reduce inflammation. (55). Due to the low concentration of IL-1RA in affected tissues, boosting level of IL-1RA could be appealing target to achieve maximum therapeutic benefits (56). Recently, immunotherapy in clinical trials of stroke has gained attention to targeted two of innate and adaptive response by lowering the microglia activation, suppressing immune cells migration to brain, and IL-1β signaling pathway (57). ACS is a bioproduct enriched in IL-1RA, IL-4, IL-10 and growth factors (58), which has been clinically used in orthopedic disorders and is currently in clinical trials for COVID-19 (59, 60). In present investigation, we demonstrated that intranasal ACS therapy buffered spatial memory and social memory dysfunctions which probably occurred through its anti-inflammatory abilities to upregulate IGF-1 and IL-1RA and downregulate of IL-1β and p-tau in the mPFC of animals underwent photothrombotic ischemic stroke. Inhibiting IL-1RA has been claimed to increase vascular inflammation by increasing IL-1 signaling, introducing it as an anti-inflammatory therapeutic option in conditions such as ischemic stroke. In this context, it has been reported that blocking IL-1 $\alpha$  after stroke reduced endothelial activation and expression of adhesion molecules. This terminated to a decrease in penumbral mononuclear phagocyte content and neurotoxic mediators like matrix metalloprotease, ultimately modulating cerebral injury (61). In agreement, data from a phase II placebo-controlled clinical trial in ischemic and hemorrhagic stroke cases has shown that the subcutaneous injection of recombinant human IL-1RA reduced the

plasma level of IL-6 and C-reactive protein and also decreased the extent of edema observed in CT scans of hemorrhagic stroke patients (62, 63). It is suggested that IL-1RA enhanced the effectiveness of tissue plasminogen activator (tPA) treatment, a gold standard therapy for ischemic stroke, by inhibiting IL-1 to elevate the levels of endogenous tissue plasminogen activator inhibitor-1 (63). It has been accepted that microglia IL-1 $\beta$  increases neuronal tau phosphorylation through p38-MAPk signaling pathway, thereby disrupt cytoskeleton assembly and axon stabilization leading to neuronal cell death (64). Indeed, IL-1 $\beta$  serves as a vital substrate for tauopathy conditions' pathological biomarkers (65). IL-1 $\beta$ -treated microglial culture has been shown to upregulate the level of secreted fragment of the  $\beta$ -amyloid precursor protein (s-APP). Given the positive role of pre-treatment with conditioned medium from sAPP-activated microglia with IL-RA in down-regulation of  $\beta$ - p-tau,  $\alpha$ -synuclein, and p38-MAPk, IL-1R could be assigned as a promising therapy in tauopathy conditions (66).

#### Conclusion

The data from our study showed that chronic ACS administration after stroke significantly improved spatial and social interaction memories. Additionally, ACS therapy notably increased the protein abundance of IGF-1 and IL-1RA, while simultaneously decreasing the production of IL-1 $\beta$  and p-tau in the mPFC. However, to fully elucidate the cellular and molecular mechanisms, further exact studies are needed to examine how ACS mediates the observed neuroprotective effects against brain ischemia.

Accepted

# References

1. Yang J, Wu S, Hou L, Zhu D, Yin S, Yang G, et al. Therapeutic effects of simultaneous delivery of nerve growth factor mRNA and protein via exosomes on cerebral ischemia. Molecular Therapy-Nucleic Acids. 2020;21:512-22.

2. Li W, Ye A, Ao L, Zhou L, Yan Y, Hu Y, et al. Protective mechanism and treatment of neurogenesis in cerebral ischemia. Neurochemical Research. 2020;45(10):2258-77.

3. Houlton J, Barwick D, Clarkson AN. Frontal cortex stroke-induced impairment in spatial working memory on the trial-unique nonmatching-to-location task in mice. Neurobiology of Learning and Memory. 2021;177:107355.

4. Houlton J, Barwick D, Clarkson AN. Frontal cortex stroke-induced impairment in spatial working memory on the trial-unique nonmatching-to-location task in mice. Neurobiol Learn Mem. 2021;177:107355.

5. Jobson DD, Hase Y. The role of the medial prefrontal cortex in cognition, ageing and dementia. 2021;3(3):fcab125.

6. Bi M, Gladbach A, van Eersel J, Ittner A, Przybyla M, van Hummel A, et al. Tau exacerbates excitotoxic brain damage in an animal model of stroke. 2017;8(1):473.

7. Brassai A, Suvanjeiev R-G, Bán E-G, Lakatos M. Role of synaptic and nonsynaptic glutamate receptors in ischaemia induced neurotoxicity. Brain research bulletin. 2015;112:1-6.

8. Uchihara T, Nakamura A, Arai T, Ikeda K, Tsuchiya K. Microglial tau undergoes phosphorylationindependent modification after ischemia. Glia. 2004;45(2):180-7.

9. Zhou J, Du T, Li B, Rong Y, Verkhratsky A, Peng L. Crosstalk between MAPK/ERK and PI3K/AKT signal pathways during brain ischemia/reperfusion. ASN neuro. 2015;7(5):1759091415602463.

10. Gong P, Zou Y, Zhang W, Tian Q, Han S, Xu Z, et al. The neuroprotective effects of Insulin-Like Growth Factor 1 via the Hippo/YAP signaling pathway are mediated by the PI3K/AKT cascade following cerebral ischemia/reperfusion injury. Brain Research Bulletin. 2021;177:373-87.

11. Chen X, Jiang H. Tau as a potential therapeutic target for ischemic stroke. Aging. 2019;11(24):12827-43.

12. Pluta R, Czuczwar SJ, Januszewski S, Jabłoński M. The many faces of post-ischemic tau protein in brain neurodegeneration of the Alzheimer's disease type. Cells. 2021;10(9):2213.

13. Pluta R, Kiś J, Januszewski S, Jabłoński M, Czuczwar SJ. Cross-talk between amyloid, tau protein and free radicals in post-ischemic brain neurodegeneration in the form of Alzheimer's disease proteinopathy. Antioxidants. 2022;11(1):146.

14. Chen J, Sanberg PR, Li Y, Wang L, Lu M, Willing AE, et al. Intravenous Administration of Human Umbilical Cord Blood Reduces Behavioral Deficits After Stroke in Rats. Stroke. 2001;32(11):2682-8.

15. Bhasin A, Srivastava M, Bhatia R, Mohanty S, Kumaran S, Bose S. Autologous intravenous mononuclear stem cell therapy in chronic ischemic stroke. Journal of Stem Cells & Regenerative Medicine. 2012;8(3):181.

16. Chen J, Li Y, Wang L, Zhang Z, Lu D, Lu M, et al. Therapeutic Benefit of Intravenous Administration of Bone Marrow Stromal Cells After Cerebral Ischemia in Rats. Stroke. 2001;32(4):1005-11.

17. Doeppner TR, Herz J, Görgens A, Schlechter J, Ludwig A-K, Radtke S, et al. Extracellular Vesicles Improve Post-Stroke Neuroregeneration and Prevent Postischemic Immunosuppression. Stem Cells Translational Medicine. 2015;4(10):1131-43.

18. Wehling P, Moser C, Frisbie D, Wayne McIlwraith C, Kawcak CE, Krauspe R, et al. Autologous Conditioned Serum in the Treatment of Orthopedic Diseases. BioDrugs. 2007;21(5):323-32.

19. Frizziero A, Giannotti E, Oliva F, Masiero S, Maffulli N. Autologous conditioned serum for the treatment of osteoarthritis and other possible applications in musculoskeletal disorders. British medical bulletin. 2013;105:169-84.

20. Angadi DS, Macdonald H, Atwal N. Autologous cell-free serum preparations in the management of knee osteoarthritis: what is the current clinical evidence? Knee surgery & related research. 2020;32(1):16.

21. Seyedaghamiri F, Farajdokht F, Vatandoust SM, Mahmoudi J, Khabbaz A, Sadigh-Eteghad S. Sericin modulates learning and memory behaviors by tuning of antioxidant, inflammatory, and apoptotic markers in the hippocampus of aged mice. Molecular Biology Reports. 2021;48(2):1371-82.

22. Brainin M, Feigin VL, Norrving B, Martins SCO, Hankey GJ, Hachinski V. Global prevention of stroke and dementia: the WSO Declaration. The Lancet Neurology. 2020;19(6):487-8.

23. Kalaria RN, Akinyemi R, Ihara M. Stroke injury, cognitive impairment and vascular dementia. Biochimica et biophysica acta. 2016;1862(5):915-25.

24. Onyike CU. Cerebrovascular disease and dementia. International review of psychiatry (Abingdon, England). 2006;18(5):423-31.

25. Rost NS, Brodtmann A, Pase MP, van Veluw SJ, Biffi A, Duering M, et al. Post-stroke cognitive impairment and dementia. Circulation research. 2022;130(8):1252-71.

26. Aam S, Einstad MS, Munthe-Kaas R, Lydersen S, Ihle-Hansen H, Knapskog A-B, et al. Post-stroke cognitive impairment—impact of follow-up time and stroke subtype on severity and cognitive profile: the Nor-COAST study. Frontiers in neurology. 2020;11:699.

27. Perna R, Temple J. Rehabilitation outcomes: ischemic versus hemorrhagic strokes. Behavioural neurology. 2015;2015(1):891651.

28. Zhao L, Biesbroek JM, Shi L, Liu W, Kuijf HJ, Chu WWC, et al. Strategic infarct location for poststroke cognitive impairment: A multivariate lesion-symptom mapping study. Journal of Cerebral Blood Flow & Metabolism. 2017;38(8):1299-311.

29. Munsch F, Sagnier S, Asselineau J, Bigourdan A, Guttmann CR, Debruxelles S, et al. Stroke location is an independent predictor of cognitive outcome. Stroke. 2016;47(1):66-73.

30. Jobson DD, Hase Y, Clarkson AN, Kalaria RN. The role of the medial prefrontal cortex in cognition, ageing and dementia. Brain communications. 2021;3(3):fcab125.

31. Giacometti Giordani L, Crisafulli A, Cantarella G, Avenanti A, Ciaramelli E. The role of posterior parietal cortex and medial prefrontal cortex in distraction and mind-wandering. Neuropsychologia. 2023;188:108639.

32. Carboni E, Ibba M, Carboni E, Carta AR. Adolescent stress differentially modifies dopamine and norepinephrine release in the medial prefrontal cortex of adult rats. Progress in Neuro-Psychopharmacology and Biological Psychiatry. 2024;134:111055.

33. Wirt RA, Hyman JM. Integrating spatial working memory and remote memory: interactions between the medial prefrontal cortex and hippocampus. Brain sciences. 2017;7(4):43.

34. Happ DF, Wegener G, Tasker RA. Effect of ischemic lesions in medial prefrontal cortex and nucleus accumbens on affective behavior in rats. Behavioural brain research. 2020;378:112234.

35. Livingston-Thomas JM, Jeffers MS, Nguemeni C, Shoichet MS, Morshead CM, Corbett D. Assessing cognitive function following medial prefrontal stroke in the rat. Behavioural brain research. 2015;294:102-10.

36. Sadigh-Eteghad S, Geranmayeh MH, Majdi A, Salehpour F, Mahmoudi J, Farhoudi M. Intranasal cerebrolysin improves cognitive function and structural synaptic plasticity in photothrombotic mouse model of medial prefrontal cortex ischemia. Neuropeptides. 2018;71:61-9.

37. Wu JQ, Peters GJ, Rittner P, Cleland TA, Smith DM. The hippocampus, medial prefrontal cortex, and selective memory retrieval: Evidence from a rodent model of the retrieval - induced forgetting effect. Hippocampus. 2014;24(9):1070-80.

38. Scott GA, Liu MC, Tahir NB, Zabder NK, Song Y, Greba Q, et al. Roles of the medial prefrontal cortex, mediodorsal thalamus, and their combined circuit for performance of the odor span task in rats: analysis of memory capacity and foraging behavior. Learning & Memory. 2020;27(2):67-77.

39. Ko J. Neuroanatomical substrates of rodent social behavior: the medial prefrontal cortex and its projection patterns. Frontiers in neural circuits. 2017;11:41.

40. Marcondes LA, Nachtigall EG, Zanluchi A, de Carvalho Myskiw J, Izquierdo I, Furini CRG. Involvement of medial prefrontal cortex NMDA and AMPA/kainate glutamate receptors in social recognition memory consolidation. Neurobiology of Learning and Memory. 2020;168:107153.

41. Phillips ML, Robinson HA, Pozzo-Miller L. Ventral hippocampal projections to the medial prefrontal cortex regulate social memory. eLife. 2019;8:e44182.

42. Sun Q, Li X, Li A, Zhang J, Ding Z, Gong H, et al. Ventral hippocampal-prefrontal interaction affects social behavior via parvalbumin positive neurons in the medial prefrontal cortex. Iscience. 2020;23(3).

43. Ferreira ST. Brain insulin, insulin - like growth factor 1 and glucagon - like peptide 1 signalling in Alzheimer' s disease. Journal of Neuroendocrinology. 2021;33(4):e12959.

44. Labandeira-Garcia JL, Costa-Besada MA, Labandeira CM, Villar-Cheda B, Rodríguez-Perez AI. Insulin-Like Growth Factor-1 and Neuroinflammation. Frontiers in aging neuroscience. 2017;9:365.

45. Fan J, Li YH, Bagby GJ, Lang CH. Modulation of inflammation-induced changes in insulin-like growth factor (IGF)-I and IGF binding protein-1 by anti-TNF antibody. Shock (Augusta, Ga). 1995;4(1):21-6.

46. Yang W, Li G, Cao K, Ma P, Guo Y, Tong W, et al. Exogenous insulin-like growth factor 1 attenuates acute ischemic stroke-induced spatial memory impairment via modulating inflammatory response and tau phosphorylation. Neuropeptides. 2020;83:102082.

47. Tang SC, Yang KC, Chen CH, Yang SY, Chiu MJ, Wu CC, et al. Plasma β-Amyloids and Tau Proteins in Patients with Vascular Cognitive Impairment. Neuromolecular medicine. 2018;20(4):498-503.

48. Kurzepa J, Bielewicz J, Grabarska A, Stelmasiak Z, Stryjecka-Zimmer M, Bartosik-Psujek H. Matrix metalloproteinase-9 contributes to the increase of tau protein in serum during acute ischemic stroke. Journal of Clinical Neuroscience. 2010;17(8):997-9.

49. Hayden EY, Putman J, Nunez S, Shin WS, Oberoi M, Charreton M, et al. Ischemic axonal injury upregulates MARK4 in cortical neurons and primes tau phosphorylation and aggregation. Acta Neuropathologica Communications. 2019;7(1):135.

50. Biernat J, Gustke N, Drewes G, Mandelkow EM, Mandelkow E. Phosphorylation of Ser262 strongly reduces binding of tau to microtubules: distinction between PHF-like immunoreactivity and microtubule binding. Neuron. 1993;11(1):153-63.

51. Anrather J, ladecola C. Inflammation and Stroke: An Overview. Neurotherapeutics : the journal of the American Society for Experimental NeuroTherapeutics. 2016;13(4):661-70.

52. Wu F, Liu Z, Zhou L, Ye D, Zhu Y, Huang K, et al. Systemic immune responses after ischemic stroke: From the center to the periphery. Frontiers in immunology. 2022;13:911661.

53. Xu S, Lu J, Shao A, Zhang JH, Zhang J. Glial Cells: Role of the Immune Response in Ischemic Stroke. Frontiers in immunology. 2020;11:294.

54. Lambertsen KL, Finsen B, Clausen BH. Post-stroke inflammation—target or tool for therapy? Acta Neuropathologica. 2019;137(5):693-714.

55. Harrell CR, Markovic BS, Fellabaum C, Arsenijevic N, Djonov V, Volarevic V. The role of Interleukin 1 receptor antagonist in mesenchymal stem cell-based tissue repair and regeneration. 2020;46(2):263-75.

56. Camargo Garbin L, Morris MJ. A Comparative Review of Autologous Conditioned Serum and Autologous Protein Solution for Treatment of Osteoarthritis in Horses. Frontiers in Veterinary Science. 2021;8.

57. Drieu A, Levard D, Vivien D, Rubio M. Anti-inflammatory treatments for stroke: from bench to bedside. Therapeutic Advances in Neurological Disorders. 2018;11:1756286418789854.

58. Shakouri SK, Dolati S, Santhakumar J, Thakor AS, Yarani R. Autologous conditioned serum for degenerative diseases and prospects. Growth factors (Chur, Switzerland). 2021;39(1-6):59-70.

59. Fotouhi A, Maleki A, Dolati S, Aghebati-Maleki A, Aghebati-Maleki L. Platelet rich plasma, stromal vascular fraction and autologous conditioned serum in treatment of knee osteoarthritis. Biomedicine & Pharmacotherapy. 2018;104:652-60.

60. Shakouri SK, Roshangar L, Mahmoodpoor A. Intratracheal administration of autologus conditioned serum for COVID-19 associated respiratory distress syndrome. Journal of critical care. 2020;60:209-11.

61. Liberale L, Ministrini S, Carbone F, Camici GG, Montecucco F. Cytokines as therapeutic targets for cardio- and cerebrovascular diseases. Basic Research in Cardiology. 2021;116(1):23.

62. Parry-Jones AR, Stocking K, MacLeod MJ, Clarke B, Werring DJ, Muir KW, et al. Phase II randomised, placebo-controlled, clinical trial of interleukin-1 receptor antagonist in intracerebral haemorrhage: BLOcking the Cytokine IL-1 in ICH (BLOC-ICH). European Stroke Journal. 2023;8(3):819-27.

63. Smith CJ, Hulme S, Vail A, Heal C, Parry-Jones AR, Scarth S, et al. SCIL-STROKE (subcutaneous interleukin-1 receptor antagonist in ischemic stroke) a randomized controlled phase 2 trial. Stroke. 2018;49(5):1210-6.

64. Li Y, Liu L, Barger SW, Griffin WS. Interleukin-1 mediates pathological effects of microglia on tau phosphorylation and on synaptophysin synthesis in cortical neurons through a p38-MAPK pathway. The Journal of neuroscience : the official journal of the Society for Neuroscience. 2003;23(5):1605-11.

65. Maphis N, Xu G, Kokiko-Cochran ON, Jiang S, Cardona A, Ransohoff RM, et al. Reactive microglia drive tau pathology and contribute to the spreading of pathological tau in the brain. Brain. 2015;138(Pt 6):1738-55.

66. Griffin WST, Liu L, Li Y, Mrak RE, Barger SW. Interleukin-1 mediates Alzheimer and Lewy body pathologies. Journal of Neuroinflammation. 2006;3(1):5.

Loops(1):5